

Youth Services

Updated 6 June 2023

Services specifically for young people

<p>Headspace Ashfield</p> <p>260 Liverpool Rd, Ashfield</p>	<p>Youth mental health service to assists young people with health advice, support and information in matters including:</p> <ul style="list-style-type: none"> • caring for others; • stress; • relationships; • employment; • depression. <p>Services include mental health counselling, education and employment support, alcohol and drug services, community engagement activities</p>	<p>Ph: (02) 9193 8000</p> <p>Monday – Friday 9am – 6pm</p>
<p>Kids Help Line</p>	<p>24 hour telephone counselling and referral service for kids and youth people aged 5-25 years.</p> <p>Will help with all sorts of problems, big or small.</p>	<p>Ph: 1800 55 1800</p> <p>24 hours - 7 days</p>
<p>Salvo Youth Line</p>	<p>24 hour telephone counselling and referral service.</p>	<p>Ph: 02 9360 3000</p> <p>24 hours - 7 days</p>

**Good Shepherd
Australia New
Zealand**

**440 Marrickville Rd
Marrickville**

The Adolescent and Family Counselling Service: a free and confidential family therapy service to adolescents (12- 24 years) and their families living in the Inner West, St George and Canterbury areas.

Waranara School:

Waranara school offers a specialist environment for secondary students in Yr 9-12 who are having difficulty staying engaged with school. The school recognises that young people experience significant life challenges that impact on their education.

Since educational outcomes are intrinsically linked to wellbeing, Waranara offers support to students across different aspects of their life. This includes personalised teaching and learning support, specialised wellbeing support, and access to specialist adolescent and family counsellors on-site.

(434 Marrickville Rd, Marrickville)

Tel: [02 8025 3400](tel:0280253400),

E: reception.waranara@goodshep.org.au

Sydney Young Parents program:

The program helps young mums and dads(15-25 years) to develop the skills and confidence they need to create a supportive, nurturing environment so their family can thrive.

Provides:

- professional individual support and case management in a safe environment
- access to parenting programs tailored for young parents
- an opportunity to meet other young parents in a weekly playgroup

Ph: 02 8571 7800

**Monday-Friday
8:30am - 4:30pm**

**After hours service by
appointment**

[reception@goodshep.org.a](mailto:reception@goodshep.org.au)
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<p>Kirketon Road Centre</p> <p>Above the Darlinghurst Fire Station, Entrance on Victoria St Darlinghurst</p>	<p>“At risk” young people (people under 25 years with a street-based lifestyle in Kings Cross).</p> <p>Offers information and services on issues such as:</p> <ul style="list-style-type: none"> • sexual health, including STI and HIV testing and treatment • needle syringe program, including free injecting and safer sex equipment • drug and alcohol information and treatment • counselling • general medical care • housing assistance • Hep C information and treatment 	<p>Ph:02 9360 2766</p> <p>Mon/Tues/Thurs/Fri: 9.30am – 5.00pm Wed: 1pm – 5.00pm</p> <p>Closed Weekends & Public Holidays</p>
<p>Link 2 Home</p>	<p>A statewide telephone service providing information, assessment and referral to specialist homelessness services, temporary accommodation and other appropriate services for people who are homeless or at risk of homelessness. Link2home also provides information about homelessness services across New South Wales for specialist homelessness service providers and homelessness advocates acting on behalf of clients.</p>	<p>Ph: 1800 152 152 Available 24/7</p>
<p>Midjuburi Youth Resource Centre</p> <p>Cnr Yabsley Ave & Northcote St Marrickville</p>	<p>Youth service for 12-24 year olds. Youth workers and Counsellors available for individual help.</p> <p>Recreational afternoons and arts based program. School Holiday Programs. Weekly Friday community gathering BBQ</p>	<p>Ph: 9564 3222</p> <p>Mon–Fri: 10am–6pm</p>

<p>OASIS Youth Support Network</p> <p>365 Crown St Surry Hills</p>	<p>Access to education, accommodation, training, counselling, trauma informed care, physical fitness for youth and much more.</p> <p>Crisis Accommodation 24-hour emergency accommodation for 13 young people each night aged 16 – 21 years. Staff on-site at all times to build trust, help them to access and attend appropriate services as they work towards sourcing long-term, stable accommodation.</p> <p>Outreach Case Management Case management can provide:</p> <ul style="list-style-type: none"> • Education and advice • Information and referrals • Access to much-needed resources • Harm reduction strategies to support you on your journey to recovery • Youth counselling <p>Drop-in Centre - The Drop-In Centre provides a safe place for young people to hang out, have breakfast with their friends, shower, do their laundry, use the computer to do work, listen to music or reconnect with family and friends. It caters to people aged between 16- 25 years old who are having difficulty attaining and sustaining adequate and secure accommodation.</p>	<p>Salvation Army</p> <p>Ph: 02 9331 2266 – open 24 hours of the day for crisis accomodation Monday – Thursday 9.00 – 5.00 Friday 9.00 – 4.00</p>
<p>Shopfront Youth Legal Centre</p> <p>356 Victoria Street Darlinghurst</p>	<p>Free legal advice and representation for homeless and disadvantaged youth aged 25 and under within the inner Sydney area.</p>	<p>Ph: 02 9322 4808</p> <p>Mon–Fri: 9.30am-5:30pm</p>
<p>Stepping Stone House</p>	<p>Accommodation for homeless or endangered youth, case management, support, guidance, mentoring, living skills education, educational / vocational support etc for 14-18 year olds. Case management, support via weekly house meeting and recreational activities. Independent Living for 20-23 year olds who are engaged in full-time education or employment.</p>	<p>Ph: 0403 579954</p> <p>Mon-Fri: 9am-5pm</p> <p>info@steppingstonehouse.com.au</p>

<p>Ted NOFFS Foundation Program</p> <p>(Drug and Alcohol)</p> <p>206a Alison St Randwick</p>	<p>PALM residential program of up to 3 months for young people (aged 13 – 17) to address serious drug and alcohol related difficulties. The three month program provides a holistic, intensive, multi-disciplinary, residential treatment program staffed by professionals specifically trained in working through trauma, challenging behaviours and complex needs. The program offers counselling, family support, group work, vocational/educational modules, living skills and recreational activities.</p> <p>The CALM program offers a range of community-based therapeutic services including individual and family counselling, life skills development and educational and vocational programs. A key component of CALM is the use of “Facebook” to maintain open communication with clients and provide ongoing support as well as information and resources on health and lifestyle issues. CALM also serves as the aftercare module for clients who have participated in the PALM residential program</p>	<p>General:</p> <p>Ph:1800 151 045</p> <p>Admissions:</p> <p>Ph: 02 9305 6235</p> <p>palmsydadmin@noffs.org.au</p>
<p>Twenty10</p> <p>37 Shephard St, Chippendale Corner of Rose St and Shephard St</p>	<p>Services for homeless and/or disadvantaged LGBTQI youth (under 26).</p> <p>Medium term supported housing, counselling, referral, case management, social activities, employment and training.</p> <p>Health clinic every second Tuesday 3pm-5pm</p> <p>Intake/support line 1pm-3pm weekdays</p> <p>Legal clinic online with Inner City Legal Centre – occasional – or contact Inner City Legal Centre direct.</p> <p>Free social support programs: once a month on Saturday 12-3pm to hang out and connect with others.</p>	<p>Ph: 02 8594 9555</p> <p>Office Hours Mon–Fri: 9:30am–5pm</p> <p>info@twenty10.org.au</p>

<p>Under 18's Legal Aid Hotline (criminal matters)</p>	<p>Young people who need advice about a criminal law problem or think they might be in trouble with the law can call the Youth Hotline</p>	<p>Ph: 1800 101 810</p> <p>Mon-Fri: 9am-midnight</p>
<p>The Girls Refuge (Women ONLY) Leichhardt</p>	<p>Crisis refuge for young homeless and at risk of homelessness women aged 13-17.</p> <p>Supportive, home like environment offering support to remain in school or enroll in further training, life skills and family support where appropriate.</p> <p>All female staff.</p>	<p>Ph: 02 9564 3638</p> <p>Email: info@girlsrefuge.org.au</p> <p>24 hours - 7 days</p>
<p>Youthblock Health Centre</p> <p>288 Abercrombie St, Redfern</p>	<p>Health Centre for young adults at risk, 12-24 years. Provides counselling, medical care and healthcare</p> <p>Education, outreach, and an aboriginal cultural program.</p>	<p>Ph: 9562 5640</p> <p>Mon, Tue, Thur, Fri: 9 – 5</p> <p>Wed: 11.30 – 5.00</p>
<p>Youth Off The Streets</p>	<p>Works with young people who are disadvantaged, homeless, drug dependent and/or recovering from abuse.</p> <p>Offers crisis and transitional accommodation, brokerage, rapid rehousing, specialised residential programs, support to learn life skills, educational support, getting job ready and community connection.</p>	<p>Ph: 02 9330 3500</p> <p>9am-5pm</p>
<p>The Wayside Chapel Youth Service</p>	<p>Wingspan Project</p> <p>Based in Bondi Beach, Wingspan is focused on hands-on training and employment support for disadvantaged young people looking to find their true potential</p>	<p>Kings Cross Ph: 9581 9100</p> <p>Bondi Ph: 9581 9190</p>

Barnardo's Australia	<p>Reconnect Program</p> <ul style="list-style-type: none"> • Early intervention program for 12-18 years old who are homeless and at risk of homelessness. • Free and confidential service for people living in Canterbury and Marrickville LGA <p>Streetwork Program</p> <ul style="list-style-type: none"> • Outreach program for 12-18 years old who have or at risk of developing drug and alcohol issues. <p>Youth Program Officer</p> <ul style="list-style-type: none"> • Early Intervention and Placement Prevention Program support young people aged 12-18 years old and their families/ carers residing Canterbury LGA. • Outreach program focus on providing advice, information, referral and short term support to young people and their families/carers. <p>Joint Support Program</p> <ul style="list-style-type: none"> • Casework support service to young people involved in Juvenile Justice system 	<p>Contact Belmore and Marrickville offices for info 9784 2800</p>
Glebe Youth Service Inc	<p>Provides community services for young people to reduce the effects of being disadvantaged and access appropriate resources effectively.</p> <p>Work with a range of organisations, workers and decision makers to assist in the co-ordination of services to young people at risk of poverty, sickness, suffering distress, misfortune, disability or helplessness. (Program delivery has been changed due to COVID 19 – contact service for details)</p>	<p>84 Glebe point road, Glebe, NSW 2037 Ph: (02) 9552 2873</p>

Launchpad Youth Community	Supports young people aged 16-24 years with a range of services including accessing or keeping housing, finances, homelife, school, advice and information about education/employment, coaching. Programs include Sydney Youth Homelessness Hub (supports young people in exiting homelessness or sustaining functional living arrangements), Sydney Young Parents Program (targets young parents and their children experiencing homelessness or at risk of homelessness) and Sydney Brokerage Program (provides financial support to achieve housing outcomes and other case management goals.	9557 2810
Lillian Howell Project	Offers medium- and long-term accommodation for young women aged 13 – 17 in the Sydney LGA in a trauma informed, reparative environment including routine and structure, counselling, skills development, and continuing case management. Also provides referrals and information. Currently experiencing homeless or at risk of homelessness. No drug or alcohol issues.	Contact by email at: lillians@lillians.org.au
Askizzy	A mobile website that connects people in need with housing, a meal, money help family violence support, counselling and much more. It is free and anonymous, with over 370,000 services listed across Australia.	Access via website: https://askizzy.org.au/
Family Drug Support (FDS)	FDS provides 24 hours a day, 7 days a week telephone support to families and carers in crisis due to alcohol and other drug use issues. FDS is staffed by volunteers who have experience of family members with alcohol and other drug use. FDS also provide face-to-face support meetings and resources for family members.	PH: 1300 368 186

<p>PCYC Marrickville</p> <p>531 Illawarra Road, Marrickville</p>	<p>PCYC has three basketball courts, eight community meeting and activity rooms. It provides sport, recreation and leisure activities for all ages and groups.</p> <p>Fit For Life youth program for 12-18 year olds on Wednesday mornings 7-8:30am. Free drop-in class. hour of exercise followed</p>	<p>Ph: (02) 9559 7722</p>
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