



Support and Emergency Aid Available in Lockdown

(Due to rapidly changing COVID situation, we suggest you ring these services to check if they are operating as described).

Updated 22nd July 2021

<p>Support Service online search engine</p>	<p>Website of wide range of support services searchable by postcode.</p>	<p>askizzy.org.au</p>
<p>Anglicare Emergency Food Assistance</p> <p>1 Sloane Street Summer Hill 2130</p>	<p>Call for assistance and support with:</p> <p>Food parcel deliveries, assistance with finances, food, electricity and gas bills, water rates, Telstra, truck hire and PBS prescriptions please call.</p>	<p>Ph: 8624 8600</p> <p>Email: ffsummerhill@anglicare.org.au</p> <p>Call Monday-Friday 9:00am - 5:00pm</p>
<p>Exodus Foundation</p> <p>180 Liverpool Rd Ashfield</p> <p>www.exodusfoundation.org.au</p>	<p>Breakfasts & Lunches provided for takeaway (7 days/week) B: 9-9:45 L: 11:30-12:45</p> <p>Showers: Mon-Sunday 8am-4pm</p> <p>Laundry: Tuesdays 8:00am-11:30am Thursday @ Dinner Van 7:30pm-9:00pm</p> <p>Community Nurse & Doctor available on-site: Tuesday & Thursday</p>	<p>ph: 8752 4600</p> <p>Fax: 9798 8867</p> <p>Opening hours: Monday - Friday: 8am – 4 pm Sat/Sunday: 8am – 3 pm</p>

	<p>Legal Advice, Gas, electricity assistance: Call for an appointment Emergency relief food parcels Call for an appointment for registration</p>	
<p>Matthew Talbot</p> <p>22 Talbot Pl, Woolloomooloo NSW 2011</p>	<p>*Men's Service only*</p> <p>Drop in Takeaway meals B:7:30 L: 12:30 Dinner: Sandwiches 4:00pm</p> <p>Laundry: 8am -12pm \$1.50 per load</p> <p>Showers: 8am - close</p> <p>Doctor on site: Tuesday</p> <p>Clinic 7 days 9:30-5 (closed 1:30-2:30 for lunch) Drop in health advice or referrals</p>	<p>(02) 9358 8102</p> <p>5:30am – 4:30 pm</p>
<p>Metro Assist</p>	<p>Provides Relief Assistance (Emergency Relief) to help people address immediate basic needs in times of financial distress or financial hardship through material or financial aid.</p> <ul style="list-style-type: none"> • Financial Counselling • Food voucher (e vouchers or voucher can be sent via mail) • Chemist vouchers (evidence of invoice that needs to be paid) • Transport (opal) • Part-payment of utility account (1/3 of the overall bill) 	<p>All appointment via phone consultation with either:</p> <p>Bankstown office Ph: 8709 0200</p> <p>Campsie office Ph: 97893744</p>

	<ul style="list-style-type: none"> • Part payment of Telstra home phone and internet • Budgeting assistance and/or • Referrals to other services that help to address underlying causes of financial crisis. <p>Call for assessment and ask what documentation is necessary to be approved for emergency relief.</p>	
<p>Hopestreet</p> <p>174 Cathedral St. Wollomoolloo</p> <p>www.hopestreet.org.au</p>	<p>Emergency food parcels available for pickup Monday - Friday 9am to 1pm</p> <p>Counselling available via phone. Call for appointment.</p>	<p>Ph: 9358 2388 Reception Available via phone</p> <p>Monday-Friday 9am-1pm</p>
<p>Burwood Community Welfare Service</p> <p>2 Wyatt Avenue Burwood NSW 2134</p> <p>www.bcw.org.au</p>	<p>Office Hours Monday to Friday 9am - 5pm</p> <p>Call for assistance with EAPA Vouchers and Telstra Vouchers Advocacy and general counselling Family support DV court support service for women</p> <p>Meals on wheels available via delivery: Monday - Friday 9:00am - 1pm 2:00pm - 5:00pm</p>	<p>BCWS Office: T: 9744 1866 F: 9744 0886</p> <p>Meals on Wheels: Call to arrange delivery: T: 8745 0086</p>

<p>Hillsong City Care</p> <p>Unit 20/198-222 Young Street, Waterloo</p>	<p>Emergency Relief Food Parcels available Monday, Wednesday & Friday by phone appointment</p> <p>Free telehealth counselling by appointment over phone/email</p>	<p>Ph: 8853 5391</p> <p>Citycare@hillsong.com</p> <p>Monday -Friday 9:00am - 5:00pm</p>
<p>Salvation Army</p> <p>339 Crown Street, Surry Hills</p>	<p>Call for assistance with electricity/gas bills. EAPA Assistance through vouchers.</p> <p>Ring for an appointment.</p>	<p>ph: 93601321</p> <p>Monday-Friday 9:30-4pm</p>
<p>St Johns Anglican Church</p> <p>120 Darlinghurst Rd Darlinghurst</p>	<p>Takeaway Meals 6 Nights/week (not on Saturdays) 7:30pm-9:30pm</p> <p>By phone appointment: Monday-Friday 9:00am-5:00pm</p> <p>Legal assistance Financial counselling</p> <p>Women Hub – Counselling case management with social worker</p>	<p>Ph: 9360 6844 Mobile: 0401 775556</p>
<p>Wayside Chapel Kings Cross</p> <p>29 Hughes St, Potts Point NSW 2011</p>	<p>Community Services Centre</p> <p>7 days/week</p> <p>9:30am - 1pm</p> <p>Showers, phone use, emergency clothing and emergency care coordination only.</p> <p>Takeaway Food Bag:</p>	<p>Ph: (02) 9581 9100</p> <p>Centre Open for walk-ins</p> <p>9am - 1pm</p> <p>Office reachable by phone</p> <p>Monday-Sunday 9am - 5pm</p>

	7 days/week: 10:30am-12:30pm	
<p>St Vincent de Paul Sydney Community Support Centre</p> <p>317 Cleveland St Redfern</p>	<p>Phone first to confirm your local office</p> <p>Emergency material aid (food parcels & clothing vouchers) can be arranged on assessment to registered clients through phone appointment</p> <p>Advocacy, EAPA Vouchers, furniture, and other emergency relief (Telstra vouchers, phone bills, gas and electricity)</p>	<p>Ph: 7203 3400</p> <p>Or 13 18 12</p> <p>Opening hours Mon – Fri: 9am-1pm and 2pm-3.00pm</p>
<p>St Vincent de Paul Community Support Centre</p> <p>683 Darling St Rozelle</p>	<p>Phone first to confirm your local office</p> <p>Emergency material aid (food parcels & clothing vouchers) can be arranged on assessment to registered clients through phone appointment</p> <p>Advocacy, EAPA Vouchers, furniture, and other emergency relief (Telstra vouchers, phone bills, gas and electricity)</p>	<p>Ph: 9818 4365</p> <p>Or 13 18 12</p> <p>Opening hours of Welfare service: Monday to Friday: 8.30am – 1pm 1.30pm – 4.30pm</p> <p>Call for appointment</p>
<p>The Station</p> <p>Corner of Clarence and Erskine Street Sydney</p> <p>82 Erskine Street, Sydney NSW 2000</p> <p>thestationltd.org</p>	<p>Free Takeaway Breakfast & Lunch</p> <p>7 days/week B: 7.30-9am L: 12.00-12.30pm</p> <p>Showers & Laundry Monday to Friday 7.30-9.00 Sat/Sunday 7.30am-9am</p>	<p>Ph: 9299 2252</p> <p>Drop-in Centre for men and women experiencing homelessness</p> <p>Monday-Friday 7.00am-2pm Sat/Sun 7.00am-2pm</p>

	Mental Health/Alcohol and Drug, Worker. Housing Support: Call for assistance	
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