



## REHABS

(Updated August 2019)

### WOMEN'S:

<p><b>Detour House</b></p>	<p>Provides a residential rehabilitation program for women affected by drug and alcohol dependence over 18years.</p> <p>Programme includes case management, health education, and referral to specialist services, educational groups, art therapy, living skills and daily attendance at 12 step meetings.</p> <p>Call for an assessment</p>	<p><b>Ph: 9660 4137</b></p> <p><b>Fax: 9552 4388</b></p> <p><b>Email:</b> <a href="mailto:staff@detourhouse.com.au">staff@detourhouse.com.au</a></p> <p><b>Postal Address:</b> PO Box 253 Glebe NSW 2037</p>
<p><b>Guthrie House</b></p>	<p>This service provides a residential rehabilitation program for women involved in the criminal justice system.</p> <p>The program is typically 3 months in length and includes case management, group work and living skills. Participants must be currently facing criminal charges or recently released from prison.</p>	<p><b>Ph: 9564 5977</b></p> <p><b>Fax: 9568 5624</b></p> <p><b>Address:</b> 10 - 14 Sebastopol St Enmore NSW 2042</p>
<p><b>Kamira Farm Womens D &amp; A Rehab Centre</b></p>	<p>Provides alcohol and other drug treatment services for women with or without children across the state of NSW, Australia. Program ranges from 5 to 7 months for women 18 years and older.</p>	<p><b>Ph: 4392 1341</b></p> <p><b>Fax: 4392 6644</b></p> <p><b>Email:</b> <a href="mailto:info@kamira.com.au">info@kamira.com.au</a></p> <p><b>Web:</b> <a href="http://www.kamira.com.au">www.kamira.com.au</a></p>

<p><b>Kathleen York House</b></p>	<p>Residential rehabilitation program for women over 18 years without children or with children under 12.</p> <p>This is a 6 month residential treatment program that includes individual care, intensive case management, living and social skills, court and pregnancy support, as well as a 3 month transitional program.</p> <p>7 day abstinence, via a detox is necessary prior to admission.</p>	<p><b>Ph: 9660 5818</b></p> <p><b>Fax: 9522 2590</b></p> <p><b>Postal Address:</b> PO Box 285 Glebe NSW 2037</p>
<p><b>Phoebe House</b>  Arncliffe</p>	<p>A nine bed residential treatment service for women, with a child, who are currently on a program of methadone maintenance.</p> <ul style="list-style-type: none"> <li>• Therapeutic groups</li> <li>• External counselling</li> <li>• Education</li> <li>• Support around drug dependence issues.</li> <li>• Material and personal well-being for children and their children.</li> </ul> <p>Staffed 7 days a week, 24 hours a day</p>	<p><b>Ph:</b> 9005 1570</p> <p><b>Fax:</b> 9005 1576</p> <p><b>Postal Address:</b> PO Box A267 Arncliffe NSW 2205</p> <p><b>Email:</b> <a href="mailto:admin@phoebehouse.org.au">admin@phoebehouse.org.au</a></p>
<p><b>WHOS (We Help Ourselves)</b></p>	<p>6-7 month programs that include:</p> <ul style="list-style-type: none"> <li>• New beginnings – a residential rehabilitation therapeutic program. It is a service for women and run exclusively by women. Ph: 85727433</li> <li>• MTAR (Methadone to Abstinence Residential) – A program to assist clients to reduce methadone while learning the skills necessary to live drug free.</li> </ul>	<p><b>Ph: 8572 7433</b></p> <p><b>Postal Address:</b> P.O. Box 1779 Rozelle NSW 2039</p> <p><b>Email:</b> <a href="mailto:info@whos.com.au">info@whos.com.au</a></p>
<p><b>Sherwood Glen-Glenreagh</b></p>	<p>18+ Women Only Length of Stay: 6-18 months Types of treatment: Alcohol/Drugs/Gambling/Tobacco/Depression</p>	<p><b>1756 Sherwood Creek Rd Glenreagh NSW 2450</b></p> <p><b>Ph: 6649 2139</b></p> <p><b>Email:</b> <a href="mailto:info@sherwoodcliffs.com.au">info@sherwoodcliffs.com.au</a></p>

<b>Jarraah House Little Bay NSW</b>	<p>For the treatment of women with substance abuse problems. Women may come to detox and bring their children. Medically supervised detox followed by short term rehabilitation program. Six week skills development program. Residential programs include case management, yoga, art therapy, parenting groups.</p>	<p><b>P. O Box 6026 Malabar NSW 2036</b></p> <p><b>Ph: 9661 6555</b></p> <p><b>Email: <a href="mailto:admin@jarrahouse.com.au">admin@jarrahouse.com.au</a></b></p> <p><b><a href="http://www.jarrahouse.com.au">www.jarrahouse.com.au</a></b></p>
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**MEN'S:**

<b>Oolong House</b>	<p>A comprehensive 16 week residential treatment. The program is tailored to meet the needs of Aboriginal men but is also suitable for non-Aboriginal men. Referrals from anywhere in NSW</p> <p>Will accept Dual Diagnosis</p>	<p><b>Ph: 4422 0644</b></p> <p><b>Address:</b> 11 Junction St Nowra NSW 2541</p> <p><b>Email: <a href="mailto:oolong@shoalhaven.net.au">oolong@shoalhaven.net.au</a></b></p> <p><b>Web:</b> <a href="http://www.oolonghouse.org.au">www.oolonghouse.org.au</a></p>
<b>The Glen Rehabilitation Centre</b>	<p>Welcomes all men over the age of 18 who are from Indigenous and non-Indigenous backgrounds.</p> <p>The site is on 40 acres of land and has 20 residential rehabilitation beds.</p> <p>The program includes group sessions, one to one counseling, work programs, sport and meetings of NA or AA.</p> <p>Initial fee: \$60 (This is the cost of a urine analysis test. Newstart: \$434 per fortnight DSP \$553 per fortnight OR Youth Allowance \$399 per fortnight</p> <p>Request Criminal History Check</p>	<p><b>Ph: 4388 6360</b> (Mon-Fri: 8am-3pm)</p> <p><b>Fax: 4388 6511</b></p> <p><b>Address:</b> 50 Church Rd Chittaway Point NSW 2261</p> <p><b>Postal Address:</b> PO BOX 5179 Chittaway Bay NSW 2261</p> <p><b>Web: <a href="http://www.theglencentre.org.au">www.theglencentre.org.au</a></b></p>

	Complete abstinence is required.	
<b>We Help Ourselves (WHOS)</b>	<p>For men who suffer from drug abuse and other related problems.</p> <p>Gunyah men's residential program for drug and alcohol. A 3-6 month program offering group work, counselling, skills development and HIV education.</p> <p>Family days once a month and outings every week.</p> <p>Detox arrangements will need to be made or negotiated with staff prior to admission. 18 years +</p>	<p><b>Ph: 8572 7455</b> (Mon-Thur: 9am-5pm)</p> <p><b>Postal Address:</b> P.O. Box 1779 Rozelle NSW 2039</p> <p><b>Email:</b> <a href="mailto:info@whos.com.au">info@whos.com.au</a></p>
<b>Namatjira Haven</b> (Lismore area)	<p>Residential rehab 2-6 month program for Aboriginal men , but have limited capacity for non-indigenous No Methadone reduction Requires detox before admission</p>	<p><b>Admissions:</b> <b>Ph: 6628 1098</b></p> <p>108 Whites Lane Alstonville NSW 2477</p>
<b>One 80TC</b> (Richmond area)	<p>Long term residential rehab for men aged 18-35years</p> <p>40 bed, long-term residential program for men that provides:</p> <ul style="list-style-type: none"> <li>• 24/7 staff supervision</li> <li>• Access to case workers, psychologists and doctor group classes.</li> <li>• One-one mentoring.</li> </ul>	<p><b>Ph: 1800 679 657</b></p> <p><b>Corporate Correspondence:</b> PO BOX 6793 Baulkham Hills BC NSW 1755</p> <p><b>Student/Residential Correspondence:</b> PO BOX 307 Richmond NSW 2753</p> <p><b>Web:</b> <a href="http://www.one80tc.org">www.one80tc.org</a></p>
<b>Glebe House</b>	<p>3 month residential program for alcohol, drug &amp; gambling for men with a minimum of 30 days abstinent. Need to have come from &amp; completed another 28 day program.</p>	<p><b>Ph: 9566 4630</b></p> <p><b>Address:</b> 5-7 Mt. Vernon Street Glebe NSW 2037</p>

	<p>Must attend 12 step fellowship.</p> <p>Cost: \$350 / fortnight</p>	<p><b>Mail:</b> PO BOX 215 Glebe NSW 2037</p> <p><b>Email:</b> <a href="mailto:info@glebehouse.org.au">info@glebehouse.org.au</a></p>
<b>Adele House LTD</b>	<p>Provides residential rehabilitation and employment programs for men recovering from alcohol and substance abuse who are homeless or at risk of homelessness. Programs designed around teaching work skills, living skills, group and individual therapy</p>	<p><b>PO Box 4045 Werrington NSW 2747</b></p> <p><b>Ph: 1300 288 693</b> <b>Email: <a href="mailto:info@adele.org.au">info@adele.org.au</a></b></p>

### WOMEN'S AND MEN'S:

<b>William Booth House</b>	<p>Administrated by the Salvation Army</p> <p>Residential rehabilitation 10 month program for men and women, which provides group therapy, work therapy and counselling</p> <p>Provides family support and assistance with gambling problems.</p> <p>Methadone abstinence required</p> <p>12 step philosophy</p> <p><u>Cost:</u> 2 weeks rent and then 80% of Centrelink payment per week</p>	<p><b>Ph: 9212 2322</b></p> <p>56 Albion St Surry Hills NSW 2010</p> <p>Email: <a href="mailto:wbh.salvos@live.com.au">wbh.salvos@live.com.au</a></p>
<b>Benelong's Haven</b> Kempsey	<p>Indigenous facility providing residential rehabilitation: single men, families, couples (with/out) children. Methadone reduction – no limit Dual diagnosis 3 months minimum program</p> <p>\$175.00 per adult per week \$57.00 per child per week (aged 2 - 15 years)</p>	<p><b>Admissions:</b> <b>Ph:</b> 65674880 <b>Fax:</b> 65674932</p> <p><b>Address:</b> 2054 South West Rocks Rd Kinchela NSW 2440</p>

	\$43.00 per child per week ( aged 0 - 2 years)	
<b>Kedesh Rehabilitation Services</b>	Assist individuals with substance misuse or gambling problems. Available programs: Individual Counselling, Case Management, Group Therapy, Family Engagement & Smart Recovery	<b>Phoenix Unit Manly Hospital 150 Darley Rd, Manly NSW 2095</b>  <b>Ph: 4222 1800 (for enquiries) Ph: 9932 5300 (admissions)</b>
<b>The Buttery</b>  Northern NSW (15 mins from Byron Bay)	Residential Rehab Program for 7-8 months for adults 20 years plus. Also offers MTAR (Maintenance to Abstinence Residential) suboxone detox with the option to enter the residential rehab.  80% full Centrelink payment	<b>Admissions: Ph: 6687 1111 Fax: 6687 1039</b>  <b>Address:</b> Lismore Rd Binna Burra NSW 2479  P.O.Box 42 Bangalow 2479 NSW, Australia  <b>Email: <a href="mailto:info@buttery.org.au">info@buttery.org.au</a></b>
<b>Dooralong Transformation Centre</b>  (20 mins west of Wyong)	Administered by the Salvation Army. Residential dual diagnosis rehabilitation program for men and women, from 9 months to 1 year.  12-Step Recovery Model.  80% of Centrelink Payment	<b>Admissions: Ph: (02) 4355 8000</b>  1467 Dooralong Rd, Dooralong NSW 2259  <b>Email: <a href="mailto:wbh.salvos@live.com.au">wbh.salvos@live.com.au</a></b>
<b>Odyssey House</b>	Provides residential and non-residential rehabilitation programs for men and women with a drug, alcohol or gambling problem.  When appropriate, the dependent children of residents participating in the program may also receive accommodation and support. Children	<b>Admissions and Intake centre:</b> Level 1, 61 Randwick Street Redfern NSW 2016  <b>Ph: (02) 9281 5144</b>  <b>Main Treatment Facility:</b> 13A Moonstone Place

	10 yrs and under.	Eagle Vale NSW 2558  <b>Ph:</b> (02) 9820 9999 <b>Email:</b> <a href="mailto:admissions@odysseyhouse.com.au">admissions@odysseyhouse.com.au</a>  <b>Website:</b> <a href="http://www.odysseyhouse.com.au">www.odysseyhouse.com.au</a>
<b>Sherwood Cliffs Christian</b>  (50 km west of Coffs Harbour)	Sherwood cliffs: Residential Rehab program for single men and two families legally married with children. Minimum 6 month program can stay up to 18 months.  Sherwood Glen: for single women Complete abstinence, no smoking  Cost:\$200 pw 2 weeks board in advance  <a href="mailto:sherwoodcliffs@bigpond.com">sherwoodcliffs@bigpond.com</a>	<b>Address:</b> 1756 Sherwood Creek road, Glenreagh, NSW, 2450  <b>Admissions:</b> <b>Ph:</b> (02) 6649 2139 <b>Fax:</b> (02) 6649 2081
<b>Foundation House</b>	28 day program that includes assessments, group therapy, one-on-one counselling and 12-step fellowships  Program cost depends on the client's income or benefit receipts.	<b>Drugs &amp; Alcohol email:</b> <a href="mailto:info@foundationhouse.net.au">info@foundationhouse.net.au</a> <b>Gambling email:</b> <a href="mailto:problemgambling@foundationhouse.net.au">problemgambling@foundationhouse.net.au</a>  Ph: 9555 4034  <b>Mailing address:</b> P.O. Box 1145 Rozelle NSW 2039  <b>Location:</b> Building 502 Wharf Road Rozelle/Lilyfield NSW 2039

**YOUTH:**

<p><b>Dunlea Adolescent Program.</b></p> <p>(Call them up)</p>	<p>Free 8wk Day Program for adolescents in Merrylands for adolescents aged 13-19 yrs.</p> <p>The program is flexible with a drug minimising philosophy providing group counselling, CBT, case management and recreational activities, on hand psychologist and family worker.</p> <p>Day programs run 4 days a week Mon-Thurs: 10.30am-3.00pm</p> <p>Many clients referred from Juvenile Justice. Will take referrals from anywhere in NSW</p>	<p><b>Admissions:</b> <b>Ph: 97215714</b></p> <p>PO Box 8 Merrylands NSW 2160</p>
<p><b>Ted Noffs Foundation Program.</b></p>	<p>Provides services for young people and their families who are experiencing drug and alcohol problems and related trauma.</p> <ul style="list-style-type: none"> <li>• Program for Adolescent Life Management (PALM) - Residential programs of up to 3 months for young people with alcohol and substance use problems.</li> <li>• Day programs for young people in the early stages of drug or alcohol experimentation.</li> <li>• Schools program provides counselling and support for young people within their own school.</li> </ul>	<p><b>Admissions:</b> <b>Free call:</b> 1800 151 045 <b>Ph:</b> 9305 6600 <b>Fax:</b> 9310 0833</p> <p><b>Email:</b> <a href="mailto:noffs@noffs.org.au">noffs@noffs.org.au</a></p> <p><b>Mailing address:</b> PO BOX 120 Randwick NSW 2031 Australia</p> <p>206a Alison St Randwick NSW 2035</p>