



Psychologists

Updated November 2020

Medicare rebates are available for psychological treatment. To access a psychologist under Medicare you need a referral from your GP or your psychiatrist. Your doctor must first assess that you require the services of a psychologist. If the psychologist bulk bills then you will not have to pay anything. If they do not bulk bill you will need to pay the difference between the Medicare rebate and what the psychologist has charged.

On 13 March 2020, new COVID-19 Medicare items were introduced to allow people to access up to 10 bulk-billed psychological services delivered by telehealth (i.e., videoconference or phone) in a calendar year. Psychologists, doctors, nurses, and other mental health allied health workers can provide these services.

From 7 August 2020 an additional 10 Medicare subsidised Psychological therapy sessions will be provided to those people who have used their 10 initial sessions and are in states or territories where there are public health orders restricting their movement and/or have been required to isolate or quarantine.

Steps to access a psychologist under Medicare:

1. Go to your doctor, talk to them about why you would like to see a psychologist and get a referral from them to a psychologist (preferably one who bulk bills)
2. See a psychologist, for up to 10 sessions.

For more info go to: <https://www.psychology.org.au/for-the-public/Medicare-rebates-psychological-services?Redirected=true>

The Victims Services Scheme provides 22 hours of counselling with approved counsellors and more for victims of crime. Applications can be made online at <https://vsconnect.force.com/vsapplications/s/claim-counselling-only>

Uplift Psychological Services	Bulk Billing <ul style="list-style-type: none">• Adjustment, eating bipolar, obsessive compulsive, post traumatic stress disorders• Anxiety, depression• Drugs, alcohol and gambling• Relationship issues• and more ...	83-89 Renwick Street Redfern NSW 2016 Located inside the Rail, Tram and Bus Union (entrance in Wells Street) Tel: (02) 9698-1822 Fax: (02) 9690-2511 email: upliftatredfern@optusnet.com.au Opening Hours:
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		9am-5pm Monday to Friday; 9am-4pm Saturday
Wellbe	Bulk Billing <ul style="list-style-type: none"> • Relationship counselling • Pain management • Stress management • Anxiety and depression • Loss of meaning • Abuse both as an adult and child • Loss and grief issues • Addictions including gambling and drug and alcohol • PTSD and critical incident debriefing • Somatic psychotherapy and relationship oriented psychotherapy 	6/134 King Street, Newtown From Newtown station turn right and continue for about 7 minutes. Located just past Student Flights. The entrance is a brown double door in-front of the traffic light crossing. Tel: 9627 1177
Someone.Health	Telehealth – Bulk Billing <ul style="list-style-type: none"> • Full range of counselling as above 	Schedule appointment online at: someone.health (Yes, this is the URL) Office located at 161 Castlereagh Street, Sydney Tel: 1800 491 556
Crown Street Medical Centre	Bulk Billing for telehealth and face to face appointments Monday-Friday 10am until 4pm (last appointment is 3:45pm)	351 Crown St, Lower Ground, Surry Hills (entrance on Albion Street) Tel: 9360 3338 Can book online at: https://crownstmedicalcentre.com.au/book/

Suburb		Practice	Phone	Special Areas	Other
Ashfield	Ms Juliette Drobny	Ashfield Consulting	8922 9001	Anxiety disorders,	Bulk Billing available

Clinical Psychologist		Psychological Services 89 Milton St		depression, self-esteem, stress management, alcohol and drug use, eating disorders	
Darlinghurst Clinical Psychologist	Dr Jim Malcolm	Level 3, 26 College St, Sydney NSW 2010	P: 93317228 F: 9360 9232 E: info@holdsworthhouse.com.au	Assessment and treatment for issues relating to stress, anxiety, depression, identity, relationships, exposure to traumatic events, grief, bereavement and other concerns.	http://www.holdsworthhouse.com.au/services/psychology
Enmore Psychologist	Elizabeth Munro Clinical Psychologist Chris Mehl Psychotherapist	Marrickville NSW	9519 7232	therapeutic counselling, personal development and growth	Extended Hours

Wattle St, Ultimo.	4 psychologists	Imanadardi Counselling	8315 7723 Reception hours: M-F 9am - 10am Limited reception hours, please call at any time and leave a message reception@imanadari.com	Anxiety, depression, grief and loss, bullying and oppression gender identity and sexuality, Pregnancy and Postnatal Emotions, Trauma	Medicare Rebates are available with a GP referral, and Bulk Billing is offered to students and those on a limited income.
Glebe Clinical Psychologist	Ms Sharon Jacobson	150 Glebe Point Road, Glebe	0407 204 734	Postnatal Depression, Depression, Anxiety, Panic Disorders, Grief, Relationship Issues	Bulk Billing for some clients Mon: 9am – 6pm Thur: 9am - 6pm
Therapeutic Axis - Centre for Wellbeing	Counsellors, psychotherapists , psychologists, massage therapists and complementary medicine practitioners	125 St John's Road Glebe	9692 9788	Includes Relationship counselling Post Natal Depression Depression Grief & Loss Anger Management Addictions and Substance Abuse Anxiety other concerns and services.	
Glebe Clinical Psychologist	Dr Gus Norris	Glebe Psychological Services 152 Glebe Point Rd	0414 775 337	Anxiety, Depression, Psychosis, Substance use, relationship problems	Extended hours, waiting lists may apply

Leichhardt Clinical Psychologist	Libby Newton Phil Botha	Inner West Allied Health & Specialist Centre	9518 3400	Anxiety, depression, PTSD, OCD, personality disorders, grief, eating disorders, relationship issues	Bulk Billing -Phil Botha. Libby Newton – Medicare rebate. Wheelchair access, extended hours
Leichhardt Clinical Psych Psychologist	Ms Suzana Petrozzi	Wellness Psychology 183 Norton St	9518 0096	Adolescents and Young People, Self-Esteem, Depression, Anxiety, Self- harm, Cross- cultural issues	No bulk billing. Extended hours, Languages; English, Serbian, Croatian,
Leichhardt clinical psychologist	One woman psychologist	Leichardt Women's community health centre 55 Thornley st	0420473644	PND, anxiety, gambling, alcohol and other drug use, domestic violence, relationship issues	Bulk billing under the mental health plan
Leichhardt Clinical Psychologist	Dr Martine Prunty	Annandale North Family Practice 187 Johnston St, Annandale NSW 2038	0414 433 900	Depression, Anxiety, Eating Disorders, stress, relationship difficulties, trauma, parenting skills training for behavioural problems in children Adolescents & Adults	Bulk billing, extended hours
Lilyfield Clinical Psychologist Psychologist	Dr Jennifer Flatt Mr Gary Levin	371 Catherine St	9564 1998	Adjustment to life changes, menopause, psychological rehabilitation following visible physical injury, drug and alcohol use, sexuality, gambling problems, sexual assault	Bulk Billing, extended hours, waiting lists may apply

Marrickville Newtown Rozelle	Manages all three areas - Danielle McDonald Vanessa Maier	Communicare 207 Marrickville rd 64 Enmore Road 756 Darling St	98185054	Childhood trauma, substance use, anxiety, depression, relationship issues, internet addiction	Limited spots for Bulk Billing
Marrickville	Caroline Brown	CB Psychology	1300 661 132	Anxiety, stress, depression, grief, anger-management, relationship and communication problems, confidence and self-esteem issues, eating and substance-related disorders.	No bulk billing Concession rates are available for low-income earners, Centrelink recipients or full-time students.
Newtown Clinical Psychologist	Ms Lynne Bousfield	Suite 105, Royal Prince Alfred Medical Centre 100 Carillion Av	0408 426 732	Health/Injury adjustment and rehabilitation, Chronic Pain, anger management Mindfulness Meditation	Bulk Billing, wheelchair access, extended hours, waiting lists may apply
Newtown Clinical Psychologist	Dr. Sarah Visser	Suite 7, 134-140 King St, Newtown	0422 120 233	Depression; Anxiety; Grief; Bereavement and adjustment; relationship concerns; Stress management; Health Related concerns; Trauma; Caregiver support; Older adult mental health; Gambling	Bulk Billing. Up flights of stairs NOT wheelchair accessible
Newtown	Dr Toni Lindsay	333 King St, Newtown	0411794603	Adolescents and young adults with cancer, chronic and acute health conditions,	Bulk Billing

				anxiety, depression and specific phobias, sleep problems, LGBTIQ issues	
Petersham Psychologist	Mr Alfredo Goldbach	Alfredo Goldbach, Psychotherapy & Counselling Level 4 Suite 410 215 Oxford	0411 027 749	Men's Health, Older People, Culturally and Linguistically Diverse, Migration and Settlement	Wheelchair access, extended hours, waiting lists may apply
Stanmore Clinical Psychologist Psychologist	Various Ms Linda Chamberlain	CBT Clinical Psychology Centre 28 Harrow Rd	9557 7420	Parenting, Relationships, Anxiety Disorders, Children, Past trauma, Depression, PTSD, Mindfulness, drug and alcohol use, eating disorders	Extended hours No bulk billing
Surry Hills Psychologist	Carl Nielsen	Insightful Mind 573 Crown Street Surry Hills	0425 263 288	Psychological counselling specialising in depression and anxiety; couples, addiction	Bulk Billing available with referral from GP
Sydney Clinical Psychologist	Claudia Rothhaas	Suite 704, BMA House 135- 137 Macquarie St	9191 7492 0416 510 113	Alcohol and Drug Addiction, Gambling, Eating Disorders, Anxiety Disorder, Depression, mental illness, grief and loss	Wheelchair access, extended hours, Does Medicare rebates
Sydney	Clinical Psychology Ms Gemma Cribb	Equilibrium Psychology Level 7, 283 George St	9262 6156	Adult Depression and Anxiety, sex therapy	Extended hours, Medicare rebate available
Sydney Psychologist	Dr Robin Murray	Level 3, 193 Macquarie Street 2000	0425 279 436	Depression, Clinical Neuropsychology, couples, anxiety disorders, PTSD	Bulk Billing , extended hours, waiting lists may apply
Sydney	Dr Rachel Upperton	Master Your Mind Pty Ltd	0431 858 799	Anxiety, Stress, Pre and	Bulk Billing , Wheelchair access,

Psychologist		Suite 8A, 9 th Floor, Dymocks Building 428 George St		Postnatal Depression	extended hours
Summer Hill	Clinical Psychologist Evi Perlmutter	3 Lackey st Summer Hill	9130 7647	I specialise in the treatment of depression and anxiety (panic disorders); PTSD; sleep difficulties; behavioural problems; parenting; relationship difficulties;	Bulk Billing
Sydney CBD	Alex Caterjian	162 Goulburn Street, Sydney NSW 2000	0410 374 273 9887-5786	I currently work in private practice on Saturdays, and accept bulk- billing referrals between 9am and 4pm. Valid referrals to include GP referral, valid Medicare Card is a condition, for up to 10 sessions per calendar year.	Bulk Billing available with referral from GP

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