

Meals and Food Services
Updated March 2023
膳食和食物服务（简体中文版）
(更新于 2023 年 3 月)

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中心食物派发(Centre based food services)

(All meals are free unless stated otherwise)
(除非另有说明，所有餐食均免费)

Location 地点	Details 详细信息	Contact 联络
<u>KINGS CROSS</u> Wayside Chapel 29 Hughes Street, Potts Point NSW 2011	提供廉价餐点和饮料的咖啡馆 饮料、小吃和餐食 价钱: \$0.50c - \$4 咖啡厅营业时间: 周一至周日, 上午 9 点至晚上 9 点 免费社区午餐: 周四中午 12:30 (请提前致电查询是否发生) Café providing low-cost meals and beverages Drinks, Snacks and Meals Cost: \$0.50c - \$4 Cafe opening hours: Monday – Sunday, 9am - 9pm Free Community Lunch: Thursdays 12:30pm (please call ahead to check that it is on)	电话: 9581 9100

<p><u>NEWTOWN</u></p> <p>Newtown Mission Takeaway Lunches at Jordan Café 280a King Street, Newtown NSW 2042</p> <p>(JC hall)</p>	<p>周三 – 下午 1-2:30 午餐 周四 – 晚上 7 至 8 晚餐 周五 – 下午 1-2:30 午餐</p> <p>Wednesday – 1-2:30pm lunch Thursday – 7-8:30pm dinner Friday – 1-2:30pm lunch</p>	<p>电话: 9519 9000</p>
<p><u>NEWTOWN</u></p> <p>St Constantine's Greek Orthodox Church 378 King Street, Newtown NSW 2042</p>	<p>热午餐（周一至周五）、小吃和三明治（周六至周日）</p> <p>周一至周五：中午 12 点至下午 2 点 周六和周日：上午 11 点 - 下午 2 点</p> <p>Hot lunch (Mo-Fri), snacks & sandwiches (Sat-Sun)</p> <p>Monday to Friday: 12pm – 2pm Saturday and Sunday: 11am – 2pm</p>	<p>电话: 9519 7868</p>
<p><u>DARLINGHURST</u> (Kings Cross)</p> <p>Rough Edges 120 Darlinghurst Rd, Darlinghurst</p>	<p>周一：晚上 7:30 至晚上 9:30 周二：晚上 7:30 至晚上 9:30 周三：中午 12:00 至下午 2:00 & 晚上 7:30 至晚上 9:30 星期四：晚上 7:30 至晚上 9:30 周五：中午 12:00 至下午 2:00 & 晚上 7:30 至晚上 9:30 周日：晚上 7:30 至晚上 9:30</p> <p>Monday: 7:30pm to 9:30pm Tuesday: 7:30pm to 9:30pm</p>	<p>电话:02 9360 6844</p> <p>https://www.roughedges.org/cafe</p>

	<p>Wednesday: 12:00pm to 2:00pm & 7:30pm to 9:30pm</p> <p>Thursday: 7:30pm to 9:30pm</p> <p>Friday: 12:00pm to 2:00pm & 7:30pm to 9:30pm</p> <p>Sunday: 7:30pm to 9:30pm</p>	
<p><u>ASHFIELD</u></p> <p>Bill Crews Foundation (Exodus)</p> <p>180 Liverpool Road, Ashfield</p>	<p>早餐：每天上午 9:00 至 9:45</p> <p>午餐：每天 11:30 AM - 12:45 PM</p> <p>Breakfast: 9am-9:45am Every Day</p> <p>Lunch: 11:30am-12:45pm Every Day</p>	<p>(02) 8752 4600</p> <p>https://www.billcrews.org/free-meals-sydney/</p>
<p><u>PETERSHAM</u></p> <p>All Saints Church Petersham,</p> <p>325 Stanmore Rd, Petersham NSW 2049</p>	<p>提供免费热餐和食物救济。茶和咖啡</p> <p>周四下午 1 点至 2:30</p> <p>每周二下午 6 点免费晚餐</p> <p>Free hot meal and food relief available. Tea and coffee</p> <p>Thursday at 1pm – 2:30pm</p> <p>Free dinner every Tuesday at 6pm</p>	<p>allsaintspetersham.org.au</p>
<p><u>SURRY HILLS</u></p> <p>Sydney Streetlevel Mission</p> <p>Derby Lane (off Albion Street) Rear of 339 Crown Street Surry Hills NSW 2010</p> <p>Sydney Streetlevel Mission</p> <p>Sydney Congress Hall 140 Elizabeth St Sydney NSW 2000</p>	<p>咖啡车 周一至周五 上午 9:30 - 下午 1:30</p> <p>午餐 (\$2) 周一至周五 中午 12 点 - 下午 1 点</p> <p>热腾腾的晚餐 周三下午 5:30 - 下午 6:30</p> <p>Coffee Cart Monday – Friday 9:30am – 1:30pm</p>	<p>电话: 9360 1000</p>

	<p>Lunch (\$2) Monday – Friday 12pm – 1pm</p> <p>Hot dinner Wednesdays 5:30pm – 6:30pm</p>	
<p><u>SYDNEY CITY</u></p> <p>The Station Drop in Centre 82 Erskine Street, Sydney NSW 2000</p>	<p>周一至周日（每天）</p> <p>早餐：上午 7.30 至上午 9 点</p> <p>热午餐：中午 12 点 - 中午 12:30</p> <p>饮料：不同时间提供咖啡 - 全天提供茶</p> <p>*自带杯子可免费享用饮料</p> <p>Monday – Sunday (Everyday)</p> <p>Breakfast: 7.30am – 9am</p> <p>Hot Lunch: 12pm – 12:30pm</p> <p>Drinks: Coffee available various time – tea provided throughout the day</p> <p>*Bring your OWN cups for free drinks</p>	<p>电话: 9299 2252</p> <p>http://thestationltd.org/what-we-do/meals/</p>
<p><u>WOOLLOOMOOLOO</u></p> <p>Matthew Talbot Hostel 22 Talbot Place, Woolloomooloo</p>	<p>周一至周日（每天）</p> <p>早餐：上午 7:15 - 上午 7.45</p> <p>早茶：上午 10 点 - 上午 10:30</p> <p>午餐：中午 12:30 - 下午 1:15</p> <p>下午: 4:30 非住客外卖食品（三明治、外卖餐食）</p> <p>（晚餐只仅供住客享用） 晚餐：下午 5:00- 5:30</p> <p>仅限男性（必须年满 21 岁）</p> <p>Monday – Sunday (Everyday)</p>	<p>电话: 9357 1533</p>

	<p>Breakfast: 7:15am - 7.45 am</p> <p>Morning Tea: 10am - 10:30am</p> <p>Lunch: 12:30pm - 1:15 pm</p> <p>Non-residents takeaway food (sandwiches, takeaway meals) at 4:30pm</p> <p>(Dinner for residents only) Dinner: 5:00- 5:30 pm</p> <p>Men Only (must be over 21yrs)</p>	
<p><u>WOOLLOOMOOLOO</u></p> <p>Hope Street 174 Cathedral Street, Woolloomooloo</p>	<p>热早餐、茶和咖啡 周一、周三、周五(外卖)</p> <p>晚上 9 点至下午 1 点</p> <p>周日: 上午 9 点至中午 12 点</p> <p>Hot breakfast, tea & coffee Monday, Wednesday and Friday Takeaway 9 to 1pm</p> <p>Sundays: 9am – 12pm</p>	<p>电话: 9358 2388</p> <p>https://hopestreet.org.au/innercity/</p>
<p><u>ROZELLE</u></p> <p>Together2 (formerly Rozelle Neighbourhood Centre)</p>	<p>每周二和周五为 Rozelle 区居民提供家庭餐食分发。</p> <p>致电注册服务</p> <p>Home meal distribution Tuesdays and Fridays for Rozelle LGA residents.</p> <p>Call to register for service.</p>	<p>电话: 9556 9500</p>

食物车 (Food Vans)

地点	详细信息	联络
<p><u>SYDNEY CITY</u></p> <p>St Vincent de Paul Night Patrol</p> <p>Eddie Ward Park – Belvoir Street side, Surry Hills</p> <p>Belmore Park – Eddie Ave, Haymarket</p> <p>Martin Place - Phillip St</p>	<p>免费餐食、热饮、小吃。</p> <p>周一至周日（除除夕外的每晚）</p> <p>晚上 7:30 - 晚上 8:15</p> <p>然后重新开放</p> <p>晚上 9:45 - 晚上 10:30 晚上 10:45 - 晚上 11:30 晚上 8:30 - 9:30</p> <p>Free meal, hot beverages, snacks.</p> <p>Monday – Sunday (Every night, except NYE)</p> <p>7:30pm – 8:15pm and then reopens 9:45pm – 10:30pm 10:45pm – 11:30pm 8:30 – 9:30pm</p>	<p>电话: 9518 0303</p> <p>https://www.vinnies.org.au/page/Find_He lp/NSW/Food/Sydne y_Night_Patrol/</p>
<p><u>DARLINGHURST</u></p> <p>Youth off the Streets Green Park, Darlinghurst Rd (opposite St Vincent's), Darlinghurst.</p>	<p>免费三明治、饮料和热餐。</p> <p>周一至周日：晚上 10 点</p> <p>欢迎所有年龄段的人！</p> <p>Free sandwiches, drinks & hot meals.</p> <p>Monday to Sunday: 10pm</p> <p>All ages welcome!</p>	<p>电话: 8217 4700</p> <p>www.youthoffthestreets.com.au</p> <p>Info@youthoffthestreets.com.au</p>
<p><u>WOOLOOMOOLOO</u></p> <p>Bill Crews (Exodus) Food Van Food van parked at corner St Mary's Rd & Yurong Park Way (Just behind the Domain)</p>	<p>免费热餐</p> <p>周一至周日：晚上 7.30 - 晚上 8.30/晚上 9:00</p> <p>圣诞节 - 圣诞晚餐 7:00- 9:00</p> <p>新年假期休市</p>	<p>电话: 8752 4600</p> <p>https://www.billcrews.org/free-meals-sydney/</p>

	<p>Free hot meals</p> <p>Monday to Sunday: 7.30pm - 8.30/9:00pm</p> <p>Xmas Day – Xmas dinner 7:00-9:00</p> <p>Closed NYE</p>	
<p><u>REDFERN</u></p> <p>Bill Crews (Exodus) Food Van</p>	<p>The Block, Redfern 周五至周日 8:30-9pm</p> <p>4 Kettle Street, Redfern 每周二上午 11.45 至下午 12.45 周四上午 11.45 至下午 12.45 周五下午 6:30 - 晚上 7:30 周六和周日下午 3:15 起</p> <p>The Block, Redfern Friday-Sunday 8:30-9pm</p> <p>4 Kettle Street, Redfern 11.45am – 12.45pm Tuesdays 11.45am – 12.45pm Thursdays 6:30pm-7:30pm Fridays From 3:15pm Saturdays and Sundays</p>	<p>电话: (02) 8752 4600</p> <p>https://www.billcrews.org/free-meals-sydney/</p>
<p><u>GLEBE</u></p> <p>Wentworth Park, Glebe</p>	<p>每周三下午 4 点至 6 点</p> <p>4pm – 6pm Wednesdays</p>	<p>电话: (02) 8752 4600</p>
<p><u>NEWTOWN</u></p> <p>Hare Krishna Food Van Outside Newtown Neighbourhood Centre, Corner of Australia Street and King Street, Newtown</p>	<p>免费热素食餐</p> <p>周一至周五: 下午 6.30 至晚上 7 点</p> <p>5:45-6:30 抵达</p> <p>Free hot vegetarian meals</p> <p>Monday to Friday: 6.30pm - 7pm Varies 5:45-6:30 arrival</p>	<p>电话: 9959 4558</p>
<p><u>WOOLLOOMOOLOO</u></p> <p>Coptic Orthodox Community Outreach Service Corner of Bourke and Cathedral Street. (Under the main bridge when it</p>	<p>免费热餐、茶和咖啡</p> <p>周二晚上: 晚上 8:30 - 晚上 10 点</p> <p>Blacktown (周三), Liverpool (周四)</p>	<p>电话: 1800 788 801</p>

rains).	<p>Paramatta (周二)</p> <p>Free hot meal, tea & coffee</p> <p>Tuesday Nights: 8:30pm – 10pm</p> <p>Other locations in Blacktown (Wednesday), Liverpool (Thursday) and Paramatta (Tuesday)</p>	
<p><u>SYDNEY CBD</u></p> <p>Jesus Cares</p> <p>Martin Place (Philip Street, CBD)</p> <p>Belmore Park (Eddy Ave)</p> <p>Surry Hills (Eddie Ward Park)</p>	<p>免费食物和饮料</p> <p>Surry Hills - 周五晚上 7 点至 9:30</p> <p>Belmore - 周五晚上 9 点至晚上 10 点, 周四早餐上午 8:30 至上午 10 点</p> <p>Martin Place + Belmore - 周六</p> <p>Free food and drinks</p> <p>Surry Hills - Friday 7-9:30pm</p> <p>Belmore – Friday 9-10pm AND Thursday breakfast 8:30am-10am</p> <p>Martin Place + Belmore – Saturdays</p>	<p>https://www.jesuscares.com.au/</p> <p>电话: 0444 558 352</p>
<p><u>WOOLLOOMOOLOO & MARTIN PLACE</u></p> <p>Maronite's on Mission</p>	<p>热餐、三明治、甜点和饮料</p> <p>周四晚上 7 点, Woolloomooloo</p> <p>周四晚上 7:30/7:45 - 8:15 Martin Place</p> <p>在 Parramatta、Villawood 和 Hornsby 提供相同的服务 - 致电查询</p> <p>Hot meals, sandwiches, desserts & drinks</p> <p>Thursday nights</p> <p>7pm at Woolloomooloo</p> <p>7:30/7:45 – 8:15 at Martin Place</p> <p>Provides same service in Paramatta, Villawood and Hornsby – call to enquire</p>	<p>电话: 0468 448 777 0435 777 777</p> <p>E: info@maronitesonmission.com</p> <p>https://www.maronitesonmission.com/about-us/</p>

Sydney Onnuri Church Eddy Avenue, Central Station	食品和饮料 周日晚上 7 点 @ Eddy Avenue, Central station Food & drinks	Sundays 7.00pm @ Eddy Avenue, Central Station
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社区食品杂货(Community Food Pantry / Groceries)

地点	详细信息	联络
<p><u>MARRICKVILLE</u></p> <p>Anglicare Mobile Community Pantry</p> <p>Marrickville Road Church 336 Marrickville Road, Marrickville NSW 2204</p> <p>(Many other locations – check website)</p>	<p>提供食品礼包，偶尔提供食品券。</p> <p>先打电话查询，并不总是发放</p> <p>Offers food bags and occasionally provide food vouchers.</p> <p>Call first to see if available, not always available</p>	<p>电话: 0449 111 780</p> <p>https://www.anglicare.org.au/mobile-community-pantry</p>
<p><u>ENMORE</u></p> <p>The Food Shed Enmore</p> <p>Enmore Church of the Nazarene 9 Metropolitan Road Enmore NSW 2042</p>	<p>周六: 上午 9:00 - 上午 11:30</p> <p>10 元装满一袋 (只收现金)。带上自己的回收购物袋</p> <p>Saturday: 9:00am-11:30am</p> <p>\$10 to fill a bag (cash only). Bring your own recyclable shopping bag</p>	<p>电话: 9519 9294</p>
<p><u>ERSKINEVILLE</u></p> <p>Erskineville Anglican Church Pop-Up Food Pantry</p> <p>Erskineville Church 55 Erskineville Road, Erskineville NSW</p>	<p>周四下午 2:30</p> <p>Thursdays 2:30pm.</p>	<p>电话: 9557 2042</p> <p>Email: hello@neac.com.au</p> <p>https://www.neac.com.au/food-ministry/</p>

<p><u>ROZELLE</u></p> <p>Pop Up Pantry at Together2 (formerly Rozelle Neighbourhood Centre)</p> <p>756 Darling Street, Rozelle NSW 2039</p>	<p>每月第二个星期五（公共假期除外）。</p> <p>中午 12 点 - 下午 1:30</p> <p>OzHarvest 水果和蔬菜、面包等。</p> <p>免费向所有人开放</p> <p>每周三上午 10 点至中午 12 点提供 Bakers Delight 新鲜免费面包。</p> <p>Every 2nd Friday (Except Public Holidays).</p> <p>12pm – 1:30pm</p> <p>OzHarvest Fruit & Veg, breads and more.</p> <p>Free to everyone.</p> <p>Fresh free bread from Bakers Delight every Wednesday from 10am-12pm.</p>	<p>电话: 9556 9500</p> <p>https://www.rtogether2.org.au</p>
<p><u>MARRICKVILLE & CAMPERDOWN</u></p> <p>The Food Pantry Hut 1, Addison Road Community Centre, 142 Addison Road, Marrickville.</p> <p>The Food Pantry in Camperdown 31 Pyrmont Bridge Road, Camperdown</p>	<p>周一至周五: 中午 12 点至下午 4 点 (Marrickville)</p> <p>周一至周五: 中午 12 点至下午 4 点 (Camperdown)</p> <p>价格实惠的优质杂货和家居用品, 及免费水果、蔬菜和面包。</p> <p>Monday to Friday: 12pm - 4pm (Marrickville location)</p> <p>Monday - Friday: 12pm - 4pm (Camperdown location)</p> <p>Low-cost quality groceries and household products at affordable prices, plus free fruit, vegetables and bread.</p>	<p>电话: 9569 7633</p> <p>Email: info@addiroad.org.au</p> <p>https://addiroad.org.au/the-food-pantry/</p> <p>Food boxes also available for pick up: call or order online</p>

<p><u>ASHFIELD</u></p> <p>Community Food Pantry 52 Carlisle St, Ashfield 2131</p>	<p>周二: 下午 1:00 - 下午 2:00</p> <p>预先包装好的杂货、水果和蔬菜。</p> <p>请捐款 5元。自备购物袋 (建议4个袋)</p> <p>Tuesday</p> <p>1:00pm - 2:00pm</p> <p>Pre-packed tray of groceries, fruit and vegetables.</p> <p>\$5 donation requested. Bring your own heavy duty shopping bag (recommended 4 bags)</p>	<p>电话: 0432357496</p> <p>https://sydney.adventist.org.au/locations/food-pantry-ashfield-inner-west/</p>
<p><u>SURRY HILLS</u></p> <p>OzHarvest Community Kitchen</p> <p>481 Crown Street, Surry Hills</p>	<p>Refettorio OzHarvest 餐厅风格餐饮</p> <p>午餐: 周二、周四+周五 时间: 中午 12 点、中午 12:30、下午 1 点 + 下午 1:30</p> <p>周六: (4 月 15 日开始) 时间: 上午 9:30、上午 10:30、11:30</p> <p>Refettorio OzHarvest Restaurant style dining</p> <p>Lunch – Tuesday, Thursday + Friday Times: 12pm, 12:30pm, 1pm + 1:30pm</p> <p>Saturday (starting 15 April) Times: 9:30am, 10:30am, 11:30</p>	<p>(请提前预约)</p> <p>Encouraged to make a reservation beforehand</p> <p>信息: 0493163136</p> <p>电邮: refettorio@ozharvest.org</p>
<p><u>ULTIMO</u></p> <p>Uniting Harris Community Centre 97 Quarry Street, Ultimo</p>	<p>周一周四: 上午 10:00 - 下午 4:00</p> <ul style="list-style-type: none"> - 紧急食品支持 - 信息和转介服务 - CHEX 当地社区礼品卡 <p>Monday - Thursday: 10:00am-4:00pm</p> <ul style="list-style-type: none"> - Emergency Food Support - Information & Referral Services - CHEX local community gift cards 	<p>Call to make an appointment:</p> <p>(02) 9552-1140</p>

<p><u>EASTLAKES</u></p> <p>South Eastern Community Connect Shop 84, Eastlakes Shopping Centre</p>	<p>支援包括:</p> <ul style="list-style-type: none"> - 水果和蔬菜配送 - 清单购物 - 在家准备饭菜 - 上门购物巴士 - 一对一购物巴士 <p>每周向当地配送水果和蔬菜盒，每盒 12元。</p> <p>65 岁以上每盒 12 元 65 岁以下有残疾/有其他需要的客户每盒 20 元。</p> <p>*仅限东区客户</p> <p>Support includes:</p> <ul style="list-style-type: none"> - Fruit and vegetable deliveries - List shopping - Meal preparation at home - Door-to-door Shopping Bus - One-to-one shopping Bus <p>Weekly deliveries of fruit and veg boxes in the local area for \$12 a box.</p> <p>\$12 box for clients aged over 65 \$20 a box for clients under 65 with a disability/otherwise in need.</p> <p>*Eastern Suburbs clients <u>only</u> eligible</p>	<p>Ph: 02 8338 8506</p> <p>Email: <u>secc@secc.sydney</u></p> <p>Website: https://www.secc.sydney/our-services/seniors/shopping-food-services/</p>
<p><u>ANNANDALE</u></p> <p>Community Food Pantry 181 Parramatta Rd (cnr Young St), Annandale NSW 2038</p>	<p>周二：中午 12:00 至下午 3:30</p> <p>周五：上午 9:30 至下午 1:30</p> <p>所有公共假期均关闭</p> <p>杂货 5元（仅限刷卡）</p> <p>Tuesday: 12:00pm to 3:30pm</p> <p>Friday: 9:30am to 1:30pm</p> <p>Closed all public holidays</p> <p>Groceries for \$5 (Card only)</p>	<p>To register SMS or phone: 0449 844 006</p> <p>Email: <u>SydneyFoodPantry@gmail.org</u></p> <p>https://www.sydneyfoodpantry.org/sydney-food-pantry</p>