



Counsellors and Psychologists for Lesbian, Gay, Bisexual, Transgender, Queer, Intersex (LGBTQI)

Updated April 2019

Name	Address	Contact	Special Areas	Other
Imanadardi Counselling	Wattle St, Ultimo (Client rings for full address)	Ph: 02 8315 7723 Email: reception@imandari.com Website: https://www.imandari.com/	Diversity Positive Counselling: Anxiety, depression, grief, gender identity and sexuality, trauma, addiction	Bulk billing offered to students and those on a limited income
ACON Mental Health	Surry Hills 414 Elizabeth Street Surry Hills, NSW 2010	ACON Intake and Assessment Officer: Tel: 9206 2000 Free Call: 1800 063 060 Email: acon@acon.org.au	Newly diagnosed with HIV Financially disadvantaged Experiencing SSDV or homophobic violence Experiencing the effects of a recent trauma	Free and confidential short-term counselling, up to 12 sessions per year. Office Hours 9am-6pm Intake and Assessment hours: Monday Tuesday & Thursday 11am-1pm, Friday 12-2pm
Twenty10 Normally 2 counselors on	Chippendale Level 1, 45 Chippen Street, Chippendale	Ph: 02 8594 9555 Email: info@twenty10.org.au Website: https://www.twenty10.org.au/get-support/lets-talk/counselling/	Counseling services for 12-25 year olds who are of diverse genders, sexualities and/or intersex experiences	10am-5pm Monday to Friday, can happen weekly, fortnightly or monthly Bulk billing, free counseling service

Newtown Neighbourhood Centre

1 Bedford St/PO Box 19, Newtown NSW 2042 | ABN 96 884 462 833
E admin@newtowncentre.org | P +61 2 9564 7333 | F +61 2 9519 2509 | W newtowncentre.org

Q Life	Website: https://www qlife.org.au/	Ph: 1800 184 527 Online chat: https://m2.icarol.com/ConsumerRegistration.aspx?org=61795&pid=253&cc=en-US	QLife provides anonymous and free LGBTI peer support and referral for people wanting to talk about sexuality, identity, gender, bodies, feelings or relationships.	Phone and webchat open 3pm to midnight every day
Beyond Blue	Website: https://www.beyondblue.org.au/	Call 1300 22 4636 Email: https://online.beyondblue.org.au/email/#/send	Offering phone support to people suffering from anxiety and depression, and can provide referrals to seek further support.	Phone support available 24 hours a day / 7 days a week Also offers email and chat support online (response within 24 hours)
The Gender Centre	41-43 Parramatta Road Annandale NSW 2038	Ph: 02 9519 7599 Sydney/interstate during business hours 9am-4.30pm Monday to Friday Fax: 9519 8200 https://gendercentre.org.au/services/counselling-services	High quality professional psychological service to the transgender and gender questioning community: cross dressing, discrimination, surgery options, sexual health, anxiety, depression, alcohol and other drugs, hormones etc.	Eligibility: must be referred by a GP and be transgender, gender diverse and/or gender questioning Fax through your GP referral letter to the Gender Centre, download and complete the counselling form and bring it with you to your first appointment.

Other important contacts for the LGBTIQ community:

Lifeline – for all ages **13 11 14**

Kids Helpline – for anyone under 25 - **1800 55 1800**

Suicide Callback Service – if you're experiencing thoughts of self-harm or suicide

1300 659 467