



Family and Children Counselling

(Update October 2019)

Service	Service Information	Contact Details
Catholic Care	<p>Counselling for individuals and couples</p> <p>Child Consultancy Assessments</p> <p>Therapeutic work with children and adolescents</p> <p>Parental Counselling Services</p>	<p>10/133 Liverpool Street SYDNEY NSW 2000 Ph: 9307 8100</p> <p>Email: info@catholiccare.org</p>
Good Beginnings	<p>Good Beginnings provides free early childhood and practical parenting programs for children and families across Australia, based at our Early Years Centres or visits to your home.</p>	<p>Suite 3.02, Level 3, Building B 33-35 Saunders Street Pyrmont NSW 2009</p> <p>Mailing address: PO Box K969 Haymarket NSW 2009 Ph: (02) 8570 1900 Fax: (02) 9571 4185 Email: enquiries@goodbeginnings.org.au</p>
Relationships Australia Sydney City Family Relationship Centre	<p>Family relationship centre, dispute resolution, counselling, parenting plans. Initial advice free of charge. Up to 3hours free joint dispute resolution.</p>	<p>Ground floor, 118 Sussex Street Sydney 2000 Ph: 1300 364 277 Fax: 02 9279 3036</p> <p>Open hours: Mon-Fri: 9:00am to 5:00pm</p>
Unifam Counselling & Mediation- Sydney	<p>Services to help individuals, couples and families</p>	<p>Level 9, 130 Elizabeth street Sydney NSW 2000</p> <p>Ph: 9373 5500 Fax: 9261 3255</p> <p>Email: unifamsydney@unitingcarenswwact.org.au</p>
Uniting counselling and mediation	<p>Offers counselling for individuals, couples, families and young people, addressing issues including</p>	<p>Head Office Level 4, 222 Pitt Street Sydney NSW 2000 PO Box A2178</p>

Newtown Neighbourhood Centre

1 Bedford St/PO Box 19, Newtown NSW 2042 | ABN 96 884 462 833

E admin@newtowncentre.org | P +61 2 9564 7333 | F +61 2 9519 2509 | W newtowncentre.org

	<p>depression and anxiety, trauma, grief and loss with a focus on relationships. Specialists in post separation support and provide counselling to those affected by gambling and financial stress.</p>	<p>Sydney South NSW 1235</p> <p>Ph: 1800 864 846</p>
<p>Child and Family Counselling clinic</p>	<p>The Child and Family Counselling Clinic supports children, young people and families with the challenges of daily life. Whether you are dealing with everyday challenges or more difficult circumstances, support is available for you and your family to become more resilient, better skilled, happy and confident.</p>	<p>Suite 3a, 47-49 The Centre Forestville , N.S.W 2087 Phone: 02) 8905 0909 E-Mail: child.psy@optusnet.com.au</p>
<p>Newtown Neighbourhood Centre</p>	<p>Free Generalist counselling service on Mondays, Tuesdays and Wednesdays run by four qualified counsellors experienced in areas such as trauma, drug and alcohol, relationship, men's behavioural change and general mental health issues.</p>	<p>Ph : 9564 7309 Email: mel@newtowncentre.org</p> <p>Please fill the referral form from our website (self-referral form is also acceptable)</p>