Newtown Neighbourhood Centre
Incorporated

1 Bedford St, Newtown 2042 PO Box 19 Newtown NSW 2042
Ph: 9516 4755 Fax: 9519 2509
Email: admin@newtowncentre.org Website: www.newtowncentre.org
ABN: 96 884 462 833

Parenting Programs and Support
(Nov 2014)

Anglicare Marrickville 1 Sloane St Summer Hill	Parenting programs aimed at building a better relationship with their children and dealing with stress.	**Marrickville** **Ph: 9798 1400**
Camperdown Community Child and Family Health Service 142 Carillon Ave, Newtown 2042	Home visits and new parents group. Child and family health service including Counselling, pediatry and speech therapy.	**Ph: 9516 3232**
Catholic Care 2C West St (cnr Thomas St) Lewisham 2049 **Catholic Care**	Parenting support, Counselling, Mediation Courses: Parenting education and skills. PAUSE Parents Program For parents of adolescents and young adults experiencing alcohol, drug or gambling behaviours and related mental health issues	**Ph: 9509 1111** **Ph: 9509 1111**

Catholic Care	Group programs for families children and young people affected by a family members alcohol, drug or mental health problem	**Ph: 9509 1255**
Leichhardt Women's Health Centre 55 Thornley St, Leichhardt Mon-Fri: 9:30-5:30 (closed for lunch 1-2pm)	Information and support for women and mothers, female Doctors, anti-natal support, menopause support, naturopath, mothers walking group, drug and alcohol counselling. Domestic violence counselling, family law solicitor, psychologist.	**Ph: 9560 3011**
Karitane Care Line	Child and Family Health Nurses available for consultation on a range of issues for children aged 0-5	**Ph: 1300 227 464** **7 days per week**
Parent Line	A help line for parents of children aged 0-18. Experienced counsellors providing support and information for any issue.	**Ph: 1300 30 1300** **1300 1300 52** **8am-10pm 7 days a week**
Tresillian 24 Hour Parents Help Line	Parental aid and advice regarding young children. Also provides help for parents themselves who are struggling to cope.	**Ph: 1800 637 357** **Ph: 9787 0855**

Volunteer Home Visiting Service	Our trained volunteers visit new parents who don't have much support to assist with everything from looking after the children while parents do housework or shopping to helping families get involved in local activities or providing companionship and advice	**Ph: 8262 3400** **(Benevolent Society)**
Glebe Schools Community Centre	Parenting support & parenting groups. Support for families with autistic children	**Ph: 9566 1285 or 9566 1761**
Dad Talk **Benevolent Society** Level 3, 55 Mentmore Avenue, Rosebery NSW 2018	Free workshops specifically designed for men, and run by men, to tackle the issues that new fathers commonly face, and help equip them with practical skills such as settling techniques for baby, learning and bonding through play, and baby massage. Run weekly on Wednesdays, 6:30pm to 8pm.	**Ph: Jason or Tim on 02 8314 9400** **Mob: 0419 461 422**
Families Assist 136 Marrickville Rd Marrickville 2204	Working with vulnerable families with children 0-12 to support and improve family well being	**Ph: 8594 0300**
Rosemount Good Shepherd 440 Marrickville Road Marrickville	Parenting workshops for parents or carers of adolescents 28th Oct-2nd Dec one session a week for 6 weeks	**Ph: 8571 7800**

Inner West Family Support Services 2 Wyatt Av Burwood 2134	The Inner West Family Support Service provides important services to families with children under 16 years of age who live in the Ashfield, Burwood, City of Canada Bay and Strathfield local government areas. Our services are confidential and free of charge	**Ph: 9744 1866**
Men's line Australia	Men's Line Australia is a professional telephone and online support and information service for Australian men	www.mensline.org.au **Ph: 1300 789 978** **24/7**
Relationships Australia	Relationships Australia is a leading provider of relationship support services for individuals, families and communities. We aim to support all people in Australia to achieve positive and respectful relationships.	**Ph: 1300 364 277** **9am -5pm** **Monday-Friday** www.nsw.relationships.com.au
Connect Marrickville Marrickville West Primary School Beauchamp St, Marrickville 2204	Based in the grounds of Marrickville West Public School the centre offers a range of activities and services to families living in Marrickville south, regardless of which school they select for their children.	**Ph: 9558 4036**

Good beginnings Inner west various location	Good Beginnings provides free early childhood and practical parenting programs for children and families across Australia, based at our Early Years Centres or visits to your home.	**Ph: 9759 5369** www.goodbeginnings.org.au
Relationships Australia Sydney City Family Relationship Centre Ground floor 118 Sussex Street Sydney 2000	Family relationships centre, dispute counselling, parenting plans. Initial advice free of charge. Up to 3 hours free joint dispute resolution.	**Ph: 8235 1500**
Fathers Support Service Uniting Care Burnside 232 railway Parade Cabramatta NSW 2166	Information, mentoring, support, group work and case work for people living in the Fairfield LGA	**Ph: 9781 3333**
Gidet Foundation 34A McLaren Street North Sydney	A safe haven, a sanctuary for women and their families affected by perinatal anxiety and depression.	**Ph: 9460 1550**
The Infants Family Home Child and Family Services 17 Henry Street Ashfield 2131	Provides quality inclusive childcare and education, specialised family support services and early intervention services, designed to provide each child with every opportunity.	**Ph: 02 9799 4844** **Fax: 02 9799 4122**

Magic Yellow Bus	Mobile playgroups attending various parks in Marrickville area. Wednesday Camperdown Park	**Ph: 0412 921 540** **www.marrickville.nsw.gov.au**
Marrickville Council Children and Family Services	Information on day care centres, out of school hours care and pre school	**www.marrickville.nsw.gov.au**
Inner West Play and Chat	Promotes healthy parenting practices, social and community support. Supported playgroups.	**Ph: 02 9692 0559** ku.iwplayandchat@ku.com.au
Mychild.gov.au	One stop shop of information for parents and carers of children.	**mychild.gov.au**
Camperdown Community Health King George V Building Level 5 Missenden Rd	Mental Health Services for adolescents aged 12-18 years	**Ph: 9515 9000** **1800 011 511**