



Newtown Neighbourhood Centre

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REHABS (updated 25/08/10)

WOMENS:

<p>Detour House (aka Glebe House).</p>	<p>Provides a residential rehabilitation program for women over 18years.</p> <p>Detox required before entering program.</p> <p>Detour House is a half-way house for women affected by drug and alcohol dependence. Programme includes case management, health education, and referral to specialist services, educational groups, art therapy, relaxation, yoga, acupuncture and daily attendance at 12 step meetings.</p>	<p>130 Glebe Pt Rd Glebe NSW 2037</p> <p>Admissions: Ph: 9660 4137 Fax: 9552 4388</p>
<p>Guthrie House.</p>	<p>This service provides a residential rehabilitation program for women.</p> <p>Priority is given to women coming from prison wanting housing and rehab.</p> <p>Will help women in the community if possible.</p>	<p>10 - 14 Sebastopol St, Enmore NSW 2042</p> <p>Admissions: Ph: 9564 5977 Fax: 9568 5624</p>
<p>Kamira Farm Womens D & A Rehab Centre.</p>	<p>Residential Rehab. Program for women with or without children up to 8 years. Offers a medium to long term program 6-12mths and detox is necessary prior to admission.</p>	<p>P.O. Box 284 Wyong 2259</p> <p>Ph: (02) 43921341</p> <p>www.kamira.com</p>

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	<p>The program incorporates therapeutic group work and individual counselling.</p> <p>Children's program available and parent effectiveness training. No medication allowed unless accompanied by a letter from the doctor.</p>	au
<p>Kathleen York House.</p> <p>Glebe</p>	<p>Residential rehabilitation program for women 21 yrs and over with or without children under 10yrs who wish to recover from D&A addiction and who may experience DUAL DIAGNOSIS.</p> <p>Up to 6 months stay. Detox and total abstinence is required. Prescribed medication is accepted.</p> <p>Cost: percentage of pension. Email: info@adfnsw.org.au</p>	<p>144a St. Johns Rd Glebe, NSW 2037</p> <p>Admissions: Ph: 9660 5818 Fax: 9522 2590</p>
<p>Phoebe House.</p> <p>Arncliffe</p>	<p>Residential Rehab treatment service for women with one child (up to 5 yrs) who are currently on a program of methadone maintenance.</p> <p>It is 6 mth therapeutic program that provides counselling, education and support around drug dependence.</p> <p>Email: phoebehouse@optusnet.com.au</p>	Ph: 9005 1570
<p>Selah Farm Drug & Alcohol Rehab Centre.</p> <p>Berkeley Vale (Central Coast)</p>	<p>Administered by the Salvation Army.</p> <p>A residential rehab centre for women only. A self-directed work program. 36 bed unit, Christian orientation</p>	<p>P.O.Box 5019 Chittaway Bay</p> <p>Admissions: Ph: (02) 43884588</p>
<p>WHOS (We Help Ourselves).</p>	<p>Programs offered include:</p> <ul style="list-style-type: none"> • New beginnings – a residential rehabilitation therapeutic program. It is a service for women and run exclusively by women. Ph: 85727433 • MTAR (Methadone to Abstinence Residential) – A program to assist clients to reduce methadone while learning the skills necessary to live drug free. 	<p>P.O. Box 1779 Rozelle</p> <p>Admissions: 85727444</p>

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	Ph: 85727477 ATSI prioritised Email: info@whos.com.au	
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MENS:

Oolong House.	This service provides a residential rehab for men only. 21 bed Unit Referrals from anywhere in NSW Cost \$175 per week Methadone abstinence only Will accept Dual Diagnosis	11 Junction St Nowra 2541 Admissions: Ph: (02) 4422 0644
Lake Macquarie Miracle Haven.	Residential rehabilitation 10 mth program for men only aged 18 yrs + Complete abstinence. 102 Beds- 2 people per room Initial cost: \$100 + 2 weeks rent 80% full Centrelink payment	1 Russel Rd Morisset 2264 Admissions: Ph: (02) 4973 1495
The Glen Rehabilitation Centre.	Residential rehabilitation 12wk program for men only 18yrs +. Complete abstinence is required. 20 bed unit-Initial cost: \$50 Under 21yrs-\$364 per fortnight Over 21 yrs-\$392 per f/n [to change] Request Criminal History Check	P.O. Box 5179 Chittaway Bay 2261 52 Church St Ph: (02) 4388 6360
We Help Ourselves (WHO). Rozelle	D/A Rehab centre Residential rehab 6mth program for men and women 16 yrs + only Provides counselling, group work and HIV education.	P.O. Box 1779 Rozelle 2039 Glover St Ph: 93191211

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	<p>Family days once a month and outings every week.</p> <p>Gunyah men's community: Group work and individual counselling. 3-6 month program. Detox arrangements will need to be made or negotiated with staff prior to admission. 18 years +</p>	<p>Gunyah: 85727455</p> <p>Mon-Fri: 9- 5pm</p>	
<p>Namatjira Haven.</p> <p>Lismore area</p>	<p>Residential rehab 2-6 month program for Aboriginal men only (mainly straight from custody)</p> <p>NO Methadone reduction 14 bed unit, cost \$140 pw</p>	<p>108 Whiteslane Rd Alstonville</p> <p>Admissions: (02) 66281098</p>	
<p>One 80TC</p> <p>(aka Teen Challenge NSW Inc).</p>	<p>Residential rehab for males only based on Christian principles.</p> <p>40 Bed unit, men 18-35 yrs Cigarette smoking reduction 12 mth program</p> <p>Cost: \$300 entrance fee</p>	<p>140 Mahons Creek Rd Yarramundi 2753 (10 mins from Richmond)</p> <p>Admisssions: Ph: 1800 679 657</p>	

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WOMENS AND MENS:

<p>William Booth House.</p>	<p>Adminstrated by the Salvation Army. Residential rehabilitation 10 month program for men and women, which provides group therapy, work therapy and counselling. Provides family support and assistance with gambling problems. Methadone abstinence required. 12 step philosophy</p> <p><u>Cost:</u> 2 weeks rent and then 80% of Centrelink payment per week</p> <p>Email: heather_rose@aue.salvationarmy.org</p>	<p>56 Albion street Surry Hills</p> <p>9212 2322</p>
<p>Benelong's Haven. Kempsey</p>	<p>Residential rehabilitation : single men, families, couples (with/out) children</p> <p>50 bed unit, Cost \$145 p.w.</p> <p>Methadone reduction – no limit</p> <p>3 months minimum program</p> <p>Benelong's Haven can fax out the application pack.</p>	<p>South West Rocks Rd Kinchela 2440</p> <p>Admissions: (02) 6567 4856</p>
<p>Buttery. (Nth. NSW,15 mins from Byron Bay)</p>	<p>Residential Rehab Program for 6 mths.</p> <p>4 Houses- 8 people per house Unisex – High success rate</p> <p>80% full Centrelink payment</p> <p>Email: info@buttery.org.au</p>	<p>Lismore Rd Binnaburrah 2479</p> <p>P.O.Box 42 Bangalow</p> <p>Admissions: Ph:(02) 6687 1111 6687 2399</p>
<p>Odyssey House.</p>	<p>Provides residential and non-residential rehabilitation programs for men and women with a drug, alcohol or gambling problem.</p>	<p>Admissions Centre - Main Treatment Facility</p>

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	<p>When appropriate, the dependent children of residents participating in the program may also receive accommodation and support.</p> <p>Residential: 21 years \$223/week Over 21 years \$275/week</p>	<p>431 Elizabeth St</p> <p>13a Moonstone Place Surry Hills, NSW 2010</p> <p>Ph: 9281 5144</p>
<p>Ward 65 (was Palm Court)</p> <p>Intakes between 8am-8pm</p>	<p>Provides residential rehabilitation programs for males and females. Offers a 4 week program which provides Cognitive Behavioural Therapy (CBT).</p> <p>Patients must complete detox first. Self referrals are accepted.</p> <p>15 Bed Unit, Medicare Funded</p>	<p>Concord</p> <p>Admissions: Ph: 9767 8640</p> <p>24 hour line</p>
<p>Sherwood Cliffs Christian.</p> <p>50 km west of Coffs Harbour</p>	<p>Residential Rehab program for single men and two families legally married with children. Minimum 6 mth program can stay up to 18 mths. 2011- Also single women with children.</p> <p>Complete abstinence</p> <p>8 bed unit, Cost:\$150 pw</p> <p>sherwoodcliffs@bigpond.com</p>	<p>PO Box 2 Glenreagh 2450</p> <p>Admissions: Ph: (02) 6649 2139</p>
<p>We Help Ourselves (WHO)</p>	<p>RTOD: Residential Treatment for Opiate Dependence.</p>	<p>Ph: 85727488</p>
<p>Foundation House</p>	<p>Provide a range of drug and alcohol services including a residential rehab program, assessment, outgoing patient counselling, counselling relapse prevention services. Preference for construction industry personnel but not exclusive. \$175 per week (includes accommodation and food). 28 days. Also available for gamblers.</p>	<p>P.O. Box 1145, Rozelle 2039</p> <p>Email: cidaf@tpg.com.au</p> <p>Tel: 98103117</p>

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YOUTH:

Dunlea Adolescent Program.	<p>Free 8wk Day Program for adolescents in Merrylands.</p> <p>The program is flexible with a drug minimising philosophy providing group counselling, CBT, case management and recreational activities.</p> <p>Day programs run 4 days a week Mon-Thurs: 10.30am-3.00pm</p> <p>Adolescents aged 14-18 yrs</p> <p>Many clients referred from Juvenile Justice</p> <p>Will take referrals from anywhere in NSW</p>	<p>PO Box 8 Merrylands NSW 2160</p> <p>Admissions: Ph: 97215714 Ph: 96326068</p>
Youth Off the Streets (YOTS)	<p>Males and Homeless youth medium to long term schooling facility that works in conjunction with Dunlea Adolescent Program</p>	<p>78-98 Kenyons Rd Merrylands 2160 8.30-4.30pm</p> <p>Admissions: Mon- Fri Ph. 9721 5700</p>
Ted Noffs Foundation Program.	<p>Structured Day Program and individual case management with a young mothers program and monthly parent support programs.14-18 year olds.</p>	<p>206a Alison St Randwick 2035</p> <p>Admissions: Ph: 93056600</p>