



# Newtown Neighbourhood Centre Incorporated

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## Mental Health Crisis Services

(updated November 2011)

<b>Aboriginal Mental Health.</b>	Services Eastern Suburbs	<b>Ph: 9366 8611</b>
<b>After hours State wide Triage service</b>	After hours assessment Service	<b>Ph: 1800 011 511</b>
<b>After hours State wide Acute Care Service / located Concorde Hospital Campus</b>	Concorde Centre for Mental health 24 hour Acute Care Service	<b>Ph: 9767 5000</b>
<b>Camperdown Area Mental Health</b>  Royal Prince Alfred Hospital Level 5 and level 6 King George V Building  Missenden Road, Camperdown 2050	All mental health issues  24 hr Crisis hotline	<b>Ph: 9515 9000 (Day business hours)</b>  <b>1800 011 511</b>  <b>Fax: 9515 9001</b>
<b>Canterbury Area Mental Health</b>  Canterbury Hospital Thorncraft Parade Campsie	Information and support for family, friends and carers  24 hour Hotline	<b>Ph: 9787 0600</b>  <b>1800 011 511</b>
<b>Croydon Area Mental Health</b> 24 Liverpool Rd Croydon	Information and support for family, friends and carers.  24 hour Acute Care Service	<b>Ph: 9378 1100 (business hours)</b>  <b>Acute Care Service:</b> <b>Ph: 9767 5000 (after hours)</b>  <b>Fax: 9378 1116</b>
<b>Marrickville Mental Health</b>  <b>155-157 Livingstone Rd Marrickville</b>	Information and support for family, friends and carers.  Child and family team.  24 hour Acute Care Service	<b>Ph: 9562 0500</b>  <b>Acute Care Service:</b> <b>Ph: 9767 5000</b>

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<b>St Vincent's Mental Health Service (SESIAHS).</b>	Information and support for family, friends and carers.  24 hour Acute Care Service	<b>Ph: 8382 1800</b>
<b>Mental Health Access Line</b>	24 hour line for referrals and information triage service according to people's needs	<b>Ph: 1800 011 511 24hr service</b>
<b>Anxiety Clinic</b>  Camperdown Campbelltown	Anxiety assessment and treatment service conducted by clinical psychologists who specialise in the psychological treatment of anxiety disorders.	<b>The Anxiety Clinic</b>  <b>Ph: 9351 0881</b> Please leave a message if unattended and they will get back to you as soon as possible
<b>Beyond Blue</b>  <a href="http://www.beyondblue.org.au">www.beyondblue.org.au</a>	Information on depression, anxiety and related substance-use disorders, available treatments and where to get help. Also information for carers.	<b>Ph: 1300 22 4636</b>
<b>Mental Health Association NSW</b>	Mental health Info and referral services  Anxiety Support	<b>Ph: 1300 794 991</b>  <b>Ph: 1300 794 991</b>
<b>Grow</b> <a href="http://www.grow.net.au">www.grow.net.au</a>	Self help group for people with mental health issues	<b>Ph: 1800 558 268 9633 1800</b>
<b>Kids Helpline</b>  <a href="http://www.kidshelp.com.au">www.kidshelp.com.au</a>	Counselling for children and young people.  Aged between 5 – 25 years	<b>Ph: 1800 55 1800 (24 hours)</b>
<b>Lifeline</b>	24 hour helpline to speak to counsellors. Emotional support for all problems, no matter how large or small	<b>Ph: 13 11 14</b>  <a href="http://www.lifeline.org.au">www.lifeline.org.au</a>
<b>Mensline</b>	Helpline for men with relationship and family concerns.	<b>Ph: 1300 789 978 (24 hours)</b>
<b>Mental Health Advocacy</b>	Support service for people who mental health issues, who need	<b>Ph: 9745 4277</b>

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<b>service</b>	advocacy or legal support	
<b>Mental Health Association</b>  <b>Level 5, 80 William St</b> <b>East Sydney</b>	Phone information, referral and support groups  Library open:  9.00 - 5.00pm Mon- Friday	<b>Info line</b> <b>Ph: 1300 794 991</b>  <b>(02) 9339 6000</b> <b>Fax: (02) 9339 6066</b>
<b>Moodgym</b>	Online psychological therapy CBT for preventing depression	<a href="http://www.moodgym.anu.edu.au">www.moodgym.anu.edu.au</a>
<b>Personal Helpers &amp; Mentors Program</b>	Community support and information referral to aid in recovery from severe, and those affected severely by, mental illness for individuals 16 years and over.	<b>Ph: 9390 5366 for information</b>
<b>Redfern Community Mental Health Service</b> <b>155 Pitt St</b> <b>Redfern</b>	Mental Health Assessment Provide follow up support, referral and advocacy, drop-in for people in the Redfern area, not a crisis service.	<b>Ph: 9395 0444</b>  <b>Mon- Fri 9-5</b>
<b>Sane.</b>	Information advice and referral for people who have mental health issues. Information sheets available online. Podcast, helpline access also available via website.	<b>Ph: 1800 187 263</b> <b>Mon-Fri 9-5</b> <a href="http://www.sane.org">www.sane.org</a>
<b>SCHIZOPHRENIA Fellowship</b>	Support Groups for people living with mental illness and carers, respite and events in Sydney metropolitan:	<b>Ph: 9879 2600</b>  <b>Call for advice, information, education and support</b>  <b>Free call (run by volunteers)</b> <b>1800 985 944</b> <b>Mon – Friday 9-5pm</b>  <b>Advocacy services</b> <a href="http://www.sfnsw.org.au">www.sfnsw.org.au</a>
<b>VVCS- Veterans and Veterans Families Counselling Service</b>	Counselling and counselling group programs to Australian veterans/peacekeepers and their families.	<b>Ph: 1800 011 046</b>

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