



Newtown Neighbourhood Centre Incorporated

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AGED SERVICES

(Updated 2011-03-16)

<p>Alzheimer's Dementia Help Line</p>	<p>Provides practical assistance, advice, information education and counselling - <u>No</u> charge</p> <p>Interpreter Service</p>	<p>Ph: 1800 100 500</p>
<p>Baptist Community Services Domestic Assistance Program.</p>	<p>Provides help with general housework & personal care</p> <p>For local government areas of; Canterbury, Marrickville, Leichhardt, Burwood, Strathfield, Ashfield and Canada Bay</p>	<p>Ph: 8741 5924</p>
<p>Camperdown Community Aged Care Assessment Team</p>	<p>Assessment and referral service for people wishing to stay in their own home over the age of 65.</p> <p>Assessment for those needing to consider residential or respite care.</p> <p>No charges</p>	<p>Ph: 9515 9800 Office open: 8:30 to 4:30pm</p> <p>Referral 1800 556 533</p>
<p>Redfern Health Service Centre</p>	<p>Provides Community Services, Nursing Services, mental Health and HIV.</p> <p>Nurses will assist with medications, incontinence problems, dressing and general medical advice.</p> <p>Referral by GP or hospital or must have used service before.</p>	<p>Ph: 9395 0444</p> <p>Intake number: 1300 722 276</p> <p>Mon-Fri 9-5</p>
<p>Commonwealth Carelink</p>	<p>Provides a free information & referral to community service to assist people to live independently.</p> <p>Mon – Fri: 8:30am – 5pm</p>	<p>Ph: 1800 052 222</p>

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<p>Community Transport.</p>	<p>Provides transport to frail aged or people with a disability who can not access public transport Leichhardt Community Transport. Cost: \$8.00 return for Marrickville/Leichhardt area - outside this area: \$12.00 return. Mon – Fri: 8:30am – 4pm</p> <p>Canterbury Bankstown Community transport out of area by booking only one week in advance. Only clients who reside in Canterbury and Bankstown. Deal with frail, aged, and disabled and care of both. Primarily with medical transport. Mon – Fri: 9am – 5pm</p> <p>Riverwood Neighbourhood Aid (support with transport) LGI and surrounding area Mon – Fri: 9am -5pm</p> <p>South Sydney Community Transport (\$1) East Gardens, Eastlakes, Marrickville, Leichhardt, Ashfield & Broadway Mon – Fri: 9am-4:30pm</p> <p>Inner West Community Transport - provides transport options for frail aged people, younger people with disabilities and their carers in Ashfield, Burwood, Canada Bay and Strathfield. (Donation required, negotiable) Mon – Fri: 9am – 4pm</p>	<p>Ph: 9660 0555</p> <p>Ph: 9791 9211</p> <p>Ph: 9533 0100</p> <p>Ph: 9319 4439</p> <p>Ph: 9745 5800</p>
<p>Dementia Support Service.</p> <p>Inner West Dementia Advisory Service</p>	<p>Referral & Information. Provides in home respite Cost \$5.00 per 3 hour visit</p> <p>Inner West Dementia Advisory Service provides information about dementia care and support groups and general services and informational meetings.</p>	<p>1800 556 533 Hrs: 10-4 Fax: 97676929</p> <p>Ph: 9378 1258</p>
<p>Department of Ageing, Disability and Home Care Service.</p>	<p>Provides referral for help with general housework, meals and shopping as well as respite and personal care</p> <p>Canterbury Branch</p> <p>Inner West (Marrickville) Metropolitan Service Centre</p> <p>Baptist Community Service Centre</p> <p>Veterans Home Care</p>	<p>1800 350 792</p> <p>9554 8500</p> <p>9744 3955</p> <p>9783 6555</p> <p>1300 550 450</p>

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Garden Care and Lawn Mowing Service.	<p>Canterbury City Community Centre. Provides mowing service for a small charge</p> <p>Riverwood Neighbour Aid is a non for profit lawn care service that charges according to size of lawn and cost of supplies.</p>	<p>9750 9344</p> <p>9533 0115</p>
Lucan Care Services	<p>Respite Care for people with dementia. Must phone for suitability and costs</p> <p>Activities for the frail and aged. Must phone for suitability and costs</p> <p>Well Aged Activities for people who are over 60 years: different activities - call for list and costs</p>	<p>9564 2022</p>
Marrickville Home Library Service	<p>Provides books and music and can be delivered to people's home if you have mobility problems.</p> <p>Must live in Marrickville or LGA - Free Service</p>	<p>9335 2134</p>
Marrickville Police Community Care Register	<p>Police will coordinate volunteers to visit and make people feel safe in their homes</p>	<p>9568 9299</p>
Newtown Police Community Care Register	<p>Police will coordinate volunteers to visit and make people feel safe in their homes.</p>	<p>9550 8159</p>
Red Cross Telecross	<p>Provides a free security check by telephoning people who are at risk of falling or becoming ill.</p> <p>Operates 365 days a year</p>	<p>9229 4222</p>
Seniors Information Service	<p>Provides a free state wide information service</p>	<p>13 12 44</p>
Shopping Help Newtown	<p>Provides a shopping service Charge \$5.00</p>	<p>9516 4755</p>
Tom Foster Community Care	<p>Seniors Group Exercise for aging every Wednesday from 11am to 12 noon cost \$ 3.00 with meal \$6.50</p> <p>Home Visiting Service Free service by volunteers who will visit frail aged and young people with a disability in your home</p> <p>Meals on Wheels Provides nutritious Meals delivered to your home for costs please phone</p>	<p>9335 2153</p>

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Wesley Home Maintenance and Modification Service.	Reasonable priced basic modification and maintenance work. This service can help make your home safer to live in. services included: plumbing, electrical, carpentry, bathroom and kitchen modifications, installation of ramps, hand rails etc for people who are aged.	9641 7082
St Vincent Community Health Service	Provides health care for in their home and in their clinics including recently discharged hospital patients, those with chronic health problems, care for the frail older person, people with social issues and disabilities and advice on community services. Services include: Aboriginal health, Homeless health, General counselling, Transitional aged care program, Dementia care, Continence clinic.	Enquiries 8382 1990 Referrals 8382 1997
Catholic Community Care Services	Services are aimed at assisting people to sustain their housing, find or move to more suitable and appropriate housing. Provides a variety of services for frail aged people, people with disabilities and their carers, with priority given to those who are financially and socially disadvantaged. Hrs 7am-5:30pm	1800 225 474
Uniting Care-Ageing	Services aim to support people in their own homes or to assist them to move into more appropriate and affordable accommodation in particular the ACHA program helps older people on low incomes who have difficulty accessing secure affordable housing and appropriate aged support services, CACP community aged care programs, and EACH programs. Hrs 8:30-5pm	9568 8000 Centre 9556 0100
Aged Care Assessment Team.	Camperdown, Canterbury, and Concord Referral and information centre. Aged Care Assessment Team provides assessment by a team of medical, nursing & allied health professionals. Referrals for over 30 different needs including home based therapy needs. Phone Hrs: 10am-4pm	1800 556 533
Food Services/ Home Delivered Meals.	Canterbury Meals on Wheels. \$6.50 per meal includes 3 items. Marrickville Meals on Wheels. \$6.20 for main meal, \$2.00 for sandwich, \$1.80 for dessert, and \$.20 for juice.	9718 3093 9335 2153
Podiatry.	Community Podiatry provides services to patients in LGA and Marrickville area with pension, disability, or commonwealth cards. Hrs: 9am-4pm	9767 7395
Community Options Program.	Support for people with high and complex care needs, including support for their carers. <hr/> Camperdown Community Options: Hrs 8:30-4:30pm Canterbury Community Options: Hrs 8:30-4:30pm Care Connect Community Options / Housing Options	9515 9800 8512 7420 9310 3699

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Respite Care.	Respite care gives carers a break by providing support for the person they are caring for.	
	Commonwealth Respite & Carelink Centre Hrs:8:30-5pm Homecare Service of NSW Referral and Service Centre	1800 052 222 1800 350 792
	Baptist Community Services BCS Care Centre. Also provides domestic assistance and personal care. Hrs: 8-430pm	9783 6555
Centre Based Day Care Services.	Canterbury City Community Centre	9750 9344
	Canterbury Earlwood Caring Community Centre	9554 7124
	Earlwood Aged Support & Care Group	9558 6144
	Lucan Care Community Centre	9564 2022
The Salvation Army Foster House: Seniors Support Service.	Offers assistance with: The basics- food, clothing, furniture Financial assistance- bills, unexpected expenses, financial counselling Transport- to & from appointments, shopping Social Interaction- home visits, social outings, personal support, information and referrals, case management	Foster House 5-19 Mary Street Surry Hills Ph: 8218 1238

AGED Culturally and Linguistically Diverse Services

CASS Aged Day Care Centre (Korean Packages).	Aged Care Service Activities transport and meal provided every Thursday from 9am to 3pm Cost \$ 7.00	9764 4940
Carter Evans Day Centre.	General, Italian, Greek & Portuguese groups	9557 0032
Chinese Australian Services Society.		9789 4587
May Murray Neighbourhood Centre.	Arabic & Vietnamese Groups	9558 0999
St Basil's Greek Day Care.		9750 7244
Tripoli & Mena Association Arabic		9758 1366

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Group.		
Jane Evans Day Care	<p>Provides day care programs for Portuguese speaking clients on Tuesdays and Wednesdays</p> <p>Provides day care programs for Italian speaking clients on Thursdays.</p> <p>Must be eligible under the HACC criteria.</p> <p>A small fee applies for the meal</p>	9557 0032
Sydney Multicultural Community Services Marrickville Multicultural Home Visiting & Dementia Support Service (Multicultural Home Respite Inc.)	<p>Provides free language specific respite care. CACP packages in different languages Russian, Portuguese, Chinese, Italian, Spanish, and French.</p> <p>Ring for referral</p>	9663 3922 9550 4637
Tom Foster Community Care.	<p>Chinese Seniors Group Meets Mondays for organised activities & outings days is every 3 week of each month</p>	9335 2153
Riverwood Community Centre. 151 Belmore Rd Riverwood	<p>Provides Shopping Service cost \$7.00</p> <p>Day Care Services: Monday: Mandarin, Polish, and Mens Group Tuesday: Vietnamese Wednesday: Vietnamese and friendly club Thursday: Italian Friday: Two Arabic groups, Cantonese</p>	9533 0126 9533 0100

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